

Assisted Living Activities

April 2024



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--|---|--|--|--|----------|
| | <p>1 10 a.m. Hall Exercise SH 10:30 a.m. Sit & Be Fit—F</p> <p>2 p.m. Sundae Monday D 2:15 p.m. Bingo—D</p> | <p>2 9 a.m. Manicures 10 a.m. Music with Karen—F</p> <p>2:30 p.m. Ladies' tea & treats—D</p> | <p>3 10 a.m. Hall Exercise SH 10:30 a.m. Sit & Be Fit—F</p> <p>1 p.m. Visit from Prince the therapy dog 3 p.m. Midweek worship KH</p> | <p>4 10 a.m. Inquiring Minds— "One on one with James Krehbiel"—AR</p> <p>2 p.m. Cooking egg rolls</p> | <p>5 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F</p> <p>1:45 p.m. Movie and popcorn—AR 12 to 2 p.m. Triobike rides</p> | 6 |
| 7 | <p>8 10 a.m. Hall Exercise SH 10:30 a.m. Sit & Be Fit—F</p> <p>2 p.m. Sundae Monday D 2:15 p.m. Bingo—D</p> | <p>9 10 a.m. Music with Karen—F</p> <p>1:30 p.m. Make Coffee Filter Butterflies—D 2:30 p.m. Men's coffee & treats</p> | <p>10 10 a.m. Hall Exercise SH 10:30 a.m. Sit & Be Fit—F</p> <p>1 p.m. Visit from Prince the therapy dog 3 p.m. Midweek worship KH</p> | <p>11 10 a.m. Inquiring Minds— "Boeing's Fatal Flaw" - AR</p> <p>2 p.m. Transition & Loss Support Group—AR 3:30 p.m. Walks outside</p> | <p>12 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F</p> <p>1:45 p.m. Movie and popcorn—AR 12 to 2 p.m. Triobike rides</p> | 13 |
| 14 | <p>15 10 a.m. Hall Exercise SH 10:30 a.m. Sit & Be Fit—F</p> <p>2 p.m. Sundae Monday D 2:15 p.m. Bingo—D</p> | <p>16 10 a.m. Music with Karen—F</p> <p>3 p.m. BCMC Gathering—AR</p> | <p>17 10 a.m. Hall Exercise SH 10:30 a.m. Sit & Be Fit—F</p> <p>1 p.m. Visit from Prince the therapy dog 3 p.m. Midweek worship KH</p> | <p>18 10 a.m. Inquiring Minds— "The Persuaders" - AR</p> <p>2 p.m. Resident Council 3:30 p.m. Walks outside</p> | <p>19 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F</p> <p>1:45 p.m. Movie and popcorn—AR 12 to 2 p.m. Triobike rides</p> | 20 |
| 21 | <p>22 10 a.m. Hall Exercise SH 10:30 a.m. Sit & Be Fit—F</p> <p>2 p.m. Sundae Monday D 2:15 p.m. Bingo—D</p> | <p>23 10 a.m. Music with Karen—F</p> <p>11 a.m. Out to eat at Homegrown 2:30 p.m. Tie Dye Shirts</p> | <p>24 10 a.m. Hall Exercise SH 10:30 a.m. Sit & Be Fit—F</p> <p>1 p.m. Visit from Prince the therapy dog 3 p.m. Midweek worship KH</p> | <p>25 10 a.m. Inquiring Minds— "Butterfly Blueprints" - AR</p> <p>1 p.m. Wii bowling—AR 2 p.m. Bible study with Dawn Harms—AR</p> | <p>26 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F</p> <p>1:45 p.m. Movie and popcorn—AR 12 to 2 p.m. Triobike rides</p> | 27 |
| 28 | <p>29 10 a.m. Hall Exercise SH 10:30 a.m. Sit & Be Fit—F</p> <p>2 p.m. Sundae Monday D 2:15 p.m. Bingo—D</p> | <p>30 10 a.m. Music with Karen—F</p> <p>1 p.m. Wii bowling—AR 3 p.m. Getting to know you—D</p> | | <p>Locations: AR—Activity Room CR—Community Room D—Dining Room KH—Kidron Hall SH—Sunflower Hall</p> | | |

Health Care Activities

April 2024



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--|---|---|---|---|----------|
| | 1 9:15 a.m. Scrabble 10 Music Together—KH 2 p.m. Ice cream something—SDR 2:30 BCMC TV—SDR | 2 9:15 a.m. Free play dominoes 10 a.m. Lemonade in the shade with chair pilates 2 Faith Mennonite—NDR 3 p.m. Bingo—SDR | 3 9:15 a.m. Sit & Be Fit—SR 1 p.m. Balloon Ball—SDR 3 p.m. Midweek worship—KH | 4 10 a.m. Music & Movement—SDR 1:30 p.m. Women's Bible Study—SR 2 p.m. Art Group—Garden Crafts | 5 10 a.m. Floral arranging—SDR 2 p.m. Popcorn & movie—"The Woman in Gold" - SDR | 6 |
| 7 | 8 9:15 a.m. Scrabble 10 Music Together—KH 2 p.m. Ice cream something—SDR 2:30 BCMC TV—SDR | 9 9:15 a.m. Free play dominoes 10 a.m. Lemonade in the shade with chair pilates 2 Faith Mennonite—NDR 3 p.m. Drum Circle—SDR | 10 9:15 a.m. Sit & Be Fit—SR 1 p.m. Balloon Ball—SDR 3 p.m. Midweek worship—KH | 11 10 a.m. Music & Movement—SDR 2 p.m. Manicures—SDR | 12 10 a.m. Gardening Group—SW Courtyard 2 p.m. Grilled cheese sampler—WDR | 13 |
| 14 | 15 9:15 a.m. Scrabble 10 Music Together—KH 2 p.m. Ice cream something—SDR 2:30 BCMC TV—SDR | 16 9:15 a.m. Free play dominoes 10 a.m. Lemonade in the shade with chair pilates 2 Faith Mennonite—NDR 3 p.m. Bingo—SDR | 17 9:15 a.m. Sit & Be Fit—SR 1 p.m. Balloon Ball—SDR 3 p.m. Midweek worship—KH | 18 10 a.m. Music & Movement—SDR 1:30 p.m. Women's Bible Study—SR 2 p.m. Art Group—Adult coloring | 19 10 a.m. Floral arranging—SDR 2 p.m. Popcorn & movie—"Mama Mia" - SDR | 20 |
| 21 | 22 9:15 a.m. Scrabble 10 Music Together—KH 2 p.m. Ice cream something—SDR 2:30 BCMC TV—SDR | 23 9:15 a.m. Free play dominoes 10 a.m. Lemonade in the shade with chair pilates 2 Faith Mennonite—NDR 3 p.m. Drum Circle—SDR | 24 9:15 a.m. Sit & Be Fit—SR 1 p.m. Balloon Ball—SDR 3 p.m. Midweek worship—KH | 25 10 a.m. Music & Movement—SDR 1 p.m. Hobby show—KH 2 p.m. Manicures—SDR | 26 10 a.m. Gardening Group—SW Courtyard 2 p.m. Birthday party—SDR | 27 |
| 28 | 29 9:15 a.m. Scrabble 10 Music Together—KH 2 p.m. Ice cream something—SDR 2:30 BCMC TV—SDR | 30 9:15 a.m. Free Play Dominoes 10 a.m. Tie Dye—WDR 2 Faith Mennonite—NDR 3 p.m. Kidron Square Toss—SDR | | Locations: KH—Kidron Hall NDR—North Dining Room SDR—South Dining Room SR—Sun Room | | |