## **Assisted Living Activities**

## **August 2022**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Devotions Monday through Friday at 8:30 a.m. in the Dining Room	1 10 a.m. Exercise—SH 10:30 a.m. Sit & Be Fit-F 2 p.m. Sundae Monday-D 2:30 p.m. Bingo—D	2 10 a.m. Music with Karen— F 2 p.m. Tuesday Trivia—D	3 10 a.m. Exercise—SH 10:30 a.m. Sit & Be Fit—F 2 p.m. Worship—D 3:15 p.m. Make Your Own Ice Cream—D	4 10 a.m. Meet the Library Lady 10 a.m. Inquiring Minds 2—3 p.m. Come & Go for Abram 2 p.m. Balloon Ball—F 3 p.m. Dominoes	5 10 a.m. Hall Exercise—SH 10:30 a.m. Sit & Be Fit—F 1:45 p.m. Movie & popcorn	6
7	8 10 a.m. Exercise—SH 10:30 a.m. Sit & Be Fit-F 2 p.m. Sundae Monday-D 2:30 p.m. Bingo—D	9 10 a.m. Music with Karen— F 2 p.m. Tuesday Trivia—D	10 10 a.m. Exercise—SH 10:30 a.m. Sit & Be Fit—F 2 p.m. Worship—D	11 10 a.m. Inquiring Minds 2 p.m. Balloon Ball—F 3 p.m. Dominoes 3 p.m. Faith Menno service—AR	12 10 a.m. Hall Exercise—SH 10:30 a.m. Sit & Be Fit—F 1:45 p.m. Movie & popcorn	13
14	15 10 a.m. Exercise—SH 10:30 a.m. Sit & Be Fit-F 2 p.m. Sundae Monday- D 2:30 p.m. Bingo—D	16 10 a.m. Music with Karen— F 2 p.m. Sharon Entz, master baker of Crust & Crumb—D	17 10 a.m. Exercise—SH 10:30 a.m. Sit & Be Fit—F 2 p.m. Worship—D	18 10 a.m. Inquiring Minds 2 p.m. Balloon Ball—F 3 p.m. Dominoes 3 p.m. Resident Council	19 10 a.m. Hall Exercise—SH 10:30 a.m. Sit & Be Fit—F 1:45 p.m. Movie & popcorn	20
21	22 10 a.m. Exercise—SH 10:30 a.m. Sit & Be Fit-F 2 p.m. Sundae Monday-D 2:30 p.m. Bingo—D	23 10 a.m. Music with Karen— F 2 p.m. Tuesday Trivia—D 3 p.m. Spinner Dominoes	24 10 a.m. Exercise—SH 10:30 a.m. Sit & Be Fit—F 2 p.m. Worship—D 3:15 p.m. Get to know you Happy Hour	25 10 a.m. Inquiring Minds 2 p.m. Balloon Ball—F 3 p.m. Dominoes 3 p.m. Faith Menno service—AR	26 10 a.m. Hall Exercise—SH 10:30 a.m. Sit & Be Fit—F 1:45 p.m. Movie & popcorn	27
28	29 10 a.m. Exercise—SH 10:30 a.m. Sit & Be Fit-F 2 p.m. Sundae Monday- D 2:30 p.m. Bingo—D	30 10 a.m. Music with Karen— F 1 p.m. DEI—Community Room 2 p.m. Tuesday Trivia—D 3 p.m. Bible Study	31 10 a.m. Exercise—SH 10:30 a.m. Sit & Be Fit—F 2 p.m. Worship—D		Locations: AR—Activity Room D—Dining Room F—AL Foyer SH—Sunflower Hall	

## **Health Care Activities**

## **August 2022**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10 a.m. Coffee & crops 2 p.m. BCMC TV 3 p.m. Faith Mennonite TV	2 10 a.m. Gardening & outdoor time 7 p.m. Game night	3 10 a.m. Chair exercises 3 p.m. Midweek worship	4 10 a.m. Music with Life Enrichment 2 p.m. Art group 7 p.m. Manicures	5 10 a.m. MCC pencil wrapping 2 p.m. Movie musical: 7 Brides for 7 Brothers with popcorn & pop	6
7	8 10 a.m. Floral arranging 2 p.m. BCMC TV 3 p.m. Faith Mennonite TV	9 10 a.m. Gardening & outdoor time 7 p.m. Bible Jingo	10 10 a.m. Chair exercises 3 p.m. Midweek worship	11 10 a.m. Music with Life Enrichment 2 p.m. Art group 7 p.m. Manicures	12 10 a.m. Outdoor time 2 p.m. Documentary: Somebody Feed Phil, with popcorn & pop	13
14	15 10 a.m. Tea time 2 p.m. BCMC TV 3 p.m. Faith Mennonite TV	16 10 a.m. Gardening & outdoor time 7 p.m. Jeopardy	17 10 a.m. Chair exercises 3 p.m. Midweek worship	18 10 a.m. Music with Life Enrichment 2 p.m. Art group 7 p.m. Manicures	19 10 a.m. Bracelet making 3 p.m. Coffee house music	20
21	22 2 p.m. BCMC TV 3 p.m. Faith Mennonite TV	23 10 a.m. Gardening & outdoor time 7 p.m. Bingo	24 10 a.m. Chair exercises 3 p.m. Midweek worship	25 10 a.m. Music with Life Enrichment 2 p.m. Art group 7 p.m. Manicures	26 10 a.m. Outdoor time 2 p.m. Resident Council	27
28	29 10 a.m. Tea time 2 p.m. BCMC TV 3 p.m. Faith Mennonite TV	30 10 a.m. Gardening & outdoor time 7 p.m. Game night	31 10 a.m. Chair exercises 3 p.m. Midweek worship			