

Assisted Living Activities

August 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Locations: AR—Activity Room D—Dining Room F—Foyer SH—Sunflower Hall PD—Private Dining CY—Courtyard		1 10 a.m. Music with Karen—F 2 p.m. Tuesday trivia—AR	2 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F 2 p.m. Spinner Dominoes—DR 3 p.m. Hymn Sing—KH	3 9 a.m. Triobike rides 10 a.m. Inquiring minds—AR 1:30 p.m. Balloon Ball—F 3 p.m. Dominoes—DR	4 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F 1:45 p.m. Movie & popcorn	5 10:30 a.m. Miniature horse visit—F
6	7 10 a.m. Hall exercise—F 10:30 a.m. Sit & Be Fit—F 2 p.m. Sundae Monday—DR 2:30 p.m. Bingo—DR	8 10 a.m. Music with Karen—F 2 p.m. Tuesday trivia—AR 3 p.m. BCMC Gathering—AR	9 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F 2 p.m. Spinner Dominoes—DR 3 p.m. Hymn Sing—KH	10 9 a.m. Walking Club—F 10 a.m. Inquiring minds—AR 1:30 p.m. Balloon Ball—F 3 p.m. Dominoes—DR	11 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F 1:45 p.m. Movie & popcorn	12
13	14 10 a.m. Hall exercise—F 10:30 a.m. Sit & Be Fit—F 2 p.m. Sundae Monday—DR 2:30 p.m. Bingo—DR	15 9 a.m. Manicures—DR 10 a.m. Music with Karen—F 2 p.m. Tuesday trivia—AR	16 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F 2 p.m. Spinner Dominoes—DR 3 p.m. Hymn Sing—KH	17 9 a.m. Triobike rides 10 a.m. Inquiring minds—AR 1:30 p.m. Balloon Ball—F 3 p.m. Dominoes—DR	18 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F 1:45 p.m. Movie & popcorn	19
20	21 10 a.m. Hall exercise—F 10:30 a.m. Sit & Be Fit—F 2 p.m. Sundae Monday—DR 2:30 p.m. Bingo—DR	22 10 a.m. Music with Karen—F 2 p.m. Tuesday trivia—AR	23 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F 2 p.m. Spinner Dominoes—DR 3 p.m. Hymn Sing—KH	24 9 a.m. Walking Club—F 10 a.m. Inquiring minds—AR 1:30 p.m. Balloon Ball—F 2 p.m. Resident Council 3 p.m. Dominoes—DR	25 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F 1:45 p.m. Movie & popcorn	26
27	28 10 a.m. Hall exercise—F 10:30 a.m. Sit & Be Fit—F 2 p.m. Sundae Monday—DR 2:30 p.m. Bingo—DR	29 10 a.m. Music with Karen—F 2 p.m. Tuesday trivia—AR	30 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F 2 p.m. Spinner Dominoes—DR 3 p.m. Hymn Sing—KH	31 10 a.m. Inquiring minds—AR 1:30 p.m. Balloon Ball—F 3 p.m. Dominoes—DR		

Health Care Activities

August 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Locations: KH—Kidron Hall SDR—South Dining Room SR—Sun Room WDR—West Dining Room		1 9 a.m. Outdoor time—SW Courtyard 10 a.m. Embroidery Together—WDR 7 p.m. Bingo—WDR	2 10 a.m. Spirituality Group—SR 3 p.m. Hymn Sing—KH 4 p.m. —Ice cream sandwiches—KH	3 10 a.m. Eldersong sing-a-long—SDR 1:30 p.m. Watermelon 2 p.m. Arts & Crafts Group—SDR 7 p.m. Manicures	4 2 p.m. Documentary: <i>Inside the Mind of a Cat</i> . Pop and popcorn served.	5 10 a.m. Miniature horse visit—SDR
6	7 10 a.m. Chair yoga—SDR 2:30 p.m. Ice cream something 3 p.m. BCMC TV service—SDR	8 9 a.m. Outdoor time—SW Courtyard 10 a.m. Floral Arranging—WDR 7 p.m. Bingo—WDR	9 10 a.m. Spirituality Group—SR 3 p.m. Hymn Sing—KH	10 10 a.m. Eldersong sing-a-long—SDR 2 p.m. Spa/Beauty Day 7 p.m. Manicures	11 2 p.m. Movie: <i>Pride & Prejudice</i> . Pop and popcorn served.	12
13	14 9:30 a.m. Scrabble game—WDR 10 a.m. Chair exercises 2:30 p.m. Ice cream something 3 p.m. BCMC TV service—SDR	15 9 a.m. Outdoor time—SW Courtyard 2 p.m. Game Day—WDR 7 p.m. Bingo—WDR	16 10 a.m. Spirituality Group—SR 3 p.m. Hymn Sing—KH	17 10 a.m. Eldersong sing-a-long—SDR 2 p.m. Arts & Crafts—SDR 7 p.m. Manicures	18 10:30 a.m. Resident Council—SDR 2 p.m. Documentary: <i>Working: What We Do All Day</i> . Pop and popcorn served.	19
20	21 10 a.m. Chair yoga—SDR 2:30 p.m. Ice cream something 3 p.m. BCMC TV service—SDR	22 9 a.m. Outdoor time—SW Courtyard 7 p.m. Bingo—WDR	23 10 a.m. Spirituality Group—SR 3 p.m. Hymn Sing—KH	24 10 a.m. Eldersong sing-a-long—SDR 2 p.m. Arts & Crafts—SDR 7 p.m. Manicures	25 2 p.m. Documentary: <i>Unknown: Cave of Bones</i> . Pop and popcorn served.	26
27	28 10 a.m. Chair yoga 2:30 p.m. Ice cream something 3 p.m. BCMC TV service—SDR 3 p.m. Presentation: "Pulpits & Potlucks" - Classroom A	29 9 a.m. Outdoor time—SW Courtyard 7 p.m. Grocery Bingo—WDR	30 10 a.m. Spirituality Group—SR 3 p.m. Hymn Sing—KH	31 10 a.m. Eldersong sing-a-long—SDR 2 p.m. Movie: <i>Titanic</i> , pt. 1 with root beer "sinkers" 7 p.m. Manicures		