

Assisted Living Activities

DECEMBER 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 8:15 a.m. Devotions-D 9:30 a.m. Exercise-SH 10 a.m. Sit & Be Fit-F 2 p.m. Worship-D	2 8:15 a.m. Devotions-D 9:30 a.m. Christmas food & reminiscing-D 1:15 p.m. Balloon Ball-F 3 p.m. Dominoes-D	3 8 a.m. Bus to Walmart 9:30 a.m. Hall Exercise-SH 10 a.m. Exercise games-F 1:45 Movie & popcorn GIFT OF THE MAGI	4
5	6 8:15 a.m. Devotions-D 9:30 a.m. Exercise-SH 10 a.m. Sit & Be Fit-F 2 p.m. Sundae Monday -D 2:30 p.m. Bingo-D	7 8:15 a.m. Devotions-D 9 a.m. Holiday baking 10 a.m. Exploring music-F 2 p.m. Tuesday Trivia -D 3 p.m. Advent Bible Study 3 p.m. Triobike rides	8 8:15 a.m. Devotions-D 9:30 a.m. Exercise-SH 10 a.m. Sit & Be Fit-F 2 p.m. Worship-D	9 8:15 a.m. Devotions-D 9 a.m. Making Gingerbread houses-D 1:15 p.m. Balloon Ball-F 3 p.m. Dominoes-D	10 8 a.m. Bus to Walmart 9:30 a.m. Hall Exercise-SH 10 a.m. Exercise games-F 1:45 Movie & popcorn WHITE CHRISTMAS	11
12	13 8:15 a.m. Devotions-D 9:30 a.m. Exercise-SH 10 a.m. Sit & Be Fit-F 2 p.m. Sundae Monday -D 2:30 p.m. Bingo-D	14 8:15 a.m. Devotions-D 10 a.m. Exploring music-F 2 p.m. Tuesday Trivia -D 3 p.m. Advent Bible Study 3 p.m. Triobike rides	15 8:15 a.m. Devotions-D 9:30 a.m. Exercise-SH 10 a.m. Sit & Be Fit-F 12 p.m. AL Christmas meal 2 p.m. Worship-D	16 8:15 a.m. Devotions-D 9 a.m. Holiday baking 1:15 p.m. Balloon Ball-F 2 p.m. Dominoes-D 3:30 p.m. Resident Council-D	17 8 a.m. Bus to Walmart 9:30 a.m. Hall Exercise-SH 10 a.m. Exercise games-F 1:45 Movie & popcorn NUTCRACKER	18
19	20 8:15 a.m. Devotions-D 9:30 a.m. Exercise-SH 10 a.m. Sit & Be Fit-F 2 p.m. Sundae Monday -D 2:30 p.m. Bingo-D	21 WINTER SOLSTICE 8:15 a.m. Devotions-D 10 a.m. Exploring music-F 2 p.m. Tuesday Trivia -D 3 p.m. Advent Bible Study	22 8:15 a.m. Devotions-D 9:30 a.m. Exercise-SH 10 a.m. Sit & Be Fit-F 2 p.m. Worship-D	23 8:15 a.m. Devotions-D 10 a.m. Christmas Brain Games 1:15 p.m. Balloon Ball -F 3 p.m. Dominoes-D	24 1:45 Movie & popcorn A CHRISTMAS CAROL	25 
26	27 8:15 a.m. Devotions-D 9:30 a.m. Exercise-SH 10 a.m. Sit & Be Fit-F 2 p.m. Sundae Monday -D 2:30 p.m. Bingo-D	28 8:15 a.m. Devotions-D 10 a.m. Exploring music-F 2 p.m. Tuesday Trivia -D	29 8:15 a.m. Devotions-D 9:30 a.m. Exercise-SH 10 a.m. Sit & Be Fit-F 2 p.m. Worship-D	30 8:15 a.m. Devotions-D 9:30 a.m. Dominoes-D 1:15 p.m. Balloon Ball-F 2:30 p.m. New Year's Eve Fun!-D	31 NEW YEARS EVE 1:45 Movie & popcorn 	LOCATIONS: AR=Activity Room D=Dining Room F=AL Foyer SH=Sunflower Hall ALPD=AL Private Dining CY=Courtyard

Health Care Activities

December 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>WDR—West Dining Room</p> <p>Locations and times subject to change.</p>		<p>1</p> <p>10 a.m. Chair stretches with Lori—WDR</p> <p>3 p.m. Midweek Worship—WDR</p>	<p>2 Library Day</p> <p>10 a.m. Holiday decorating—WDR</p> <p>2 p.m. Art Group—WDR</p> <p>7 p.m. Nail painting—WDR</p>	<p>3</p> <p>2 p.m. Popcorn, pop & documentary—WDR</p>	<p>4</p>
<p>5</p> <p>10 a.m. Floral arranging—WDR</p> <p>2 p.m. Nail painting—WDR</p>	<p>6</p> <p>10 a.m. Book Club: <i>Anne of Avonlea</i></p> <p>2 p.m. BCMC TV service</p> <p>3 p.m. Faith TV service</p>	<p>7</p> <p>10 a.m. Coffee Group chat—WDR</p> <p>2 p.m. Peppernut bake—WDR</p> <p>7 p.m. Game Night—WDR</p>	<p>8</p> <p>10 a.m. Chair stretches with Lori—WDR</p> <p>3 p.m. Midweek Worship—WDR</p>	<p>9</p> <p>10 a.m. Hymn Sing—WDR</p> <p>2 p.m. Art Group—WDR</p>	<p>10</p> <p>2 p.m. Popcorn, pop & movie—WDR</p>	<p>11</p>
<p>12</p> <p>10 a.m. German talk—WDR</p> <p>2 p.m. Nail painting—WDR</p>	<p>13</p> <p>10 a.m. Book Club: <i>Anne of Avonlea</i></p> <p>2 p.m. BCMC TV service</p> <p>3 p.m. Faith TV service</p>	<p>14</p> <p>10 a.m. Coffee Group chat—WDR</p> <p>2 p.m. Peppernut bake—WDR</p> <p>7 p.m. Game Night—WDR</p>	<p>15</p> <p>10 a.m. Chair stretches with Lori—WDR</p> <p>3 p.m. Midweek Worship—WDR</p>	<p>16</p> <p>2 p.m. Art Group—WDR</p>	<p>17</p> <p>2 p.m. Popcorn, pop & movie—WDR</p>	<p>18</p>
<p>19</p> <p>10 a.m. Floral arranging—WDR</p> <p>2 p.m. Nail painting—WDR</p>	<p>20</p> <p>10 a.m. Book Club: <i>Anne of Avonlea</i></p> <p>2 p.m. BCMC TV service</p> <p>3 p.m. Faith TV service</p>	<p>21</p> <p>10 a.m. Coffee Group chat—WDR</p> <p>2 p.m. Movie: <i>The Nutcracker Ballet</i>—WDR</p> <p>7 p.m. Christmas Bingo</p>	<p>22</p> <p>10 a.m. Chair stretches with Lori—WDR</p> <p>3 p.m. Midweek Worship—WDR</p>	<p>23</p> <p>10 a.m. Name That Christmas Song—WDR</p> <p>2 p.m. Art Group—WDR</p>	<p>24</p> <p>10 a.m. Christmas Eve service—WDR</p> <p>10:30 a.m. Resident Christmas gift opening—WDR</p>	<p>25</p> <p>Merry Christmas!</p>
<p>26</p> <p>2 p.m. Nail painting—WDR</p>	<p>27</p> <p>10 a.m. Book Club: <i>Anne of Avonlea</i></p> <p>2 p.m. BCMC TV service</p> <p>3 p.m. Faith TV service</p>	<p>28</p> <p>10 a.m. Coffee Group chat—WDR</p> <p>7 p.m. Bingo Night—WDR</p>	<p>29</p> <p>10 a.m. Chair stretches with Lori—WDR</p> <p>3 p.m. Midweek Worship—WDR</p>	<p>30</p> <p>10 a.m. Piano music with Karen—WDR</p> <p>2 p.m. Art Group—WDR</p> <p>30</p>	<p>31</p> <p>2 p.m. Resident Council</p> <p>3 p.m. Live music with Lori & Cortnie—WDR</p>	