

Assisted Living Activities

February 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Locations AR—Activity Room D—Dining Room F—Foyer KH—Kidron Hall SDR—Health care South Dining Room					1
2	3 10 a.m. Hall exercise (SH) 10:30 a.m. Sit & Be Fit (F) 2 p.m. Sundae Monday (D) 2:15 p.m. Bingo (D)	4 10 a.m. Music with Karen (F) 2:30 p.m. Ladies' Tea (D)	5 10 a.m. Hall exercise (SH) 10:30 a.m. Sit & Be Fit (F) 3 p.m. Worship (KH)	6 10 a.m. Inquiring Minds (AR) 11:30 a.m. Visits with Karen (D) 3 p.m. Dominoes (D)	7 Enlite Library Day 10 a.m. Sit & Be Fit (F) 10:30 a.m. Balloon Ball (F) 1:45 p.m. Movie: <i>Kangaroo Valley</i> (AR)	8
9	10 10 a.m. Hall exercise (SH) 10:30 a.m. Sit & Be Fit (F) 2 p.m. Sundae Monday (D) 2:15 p.m. Bingo (D) 3:15 p.m. Book Club (D)	11 10 a.m. Bible study (AR) 3 p.m. BCMC gathering (AR)	12 10 a.m. Hall exercise (SH) 10:30 a.m. Sit & Be Fit (F) 3 p.m. Worship (KH)	13 9:30 a.m. Coffee with Coaches (KH) 10 Inquiring Minds (AR) 11:30 a.m. Visits with Karen (D) 2 p.m. Trivia (D)	14 10 a.m. Sit & Be Fit (F) 10:30 a.m. Balloon Ball (F) 1:45 p.m. Movie: <i>Harold & the Purple Crayon</i> (AR)	15
16	17 10 a.m. Hall exercise (SH) 10:30 a.m. Sit & Be Fit (F) 2 p.m. Sundae Monday (D) 2:15 p.m. Bingo (D)	18 10 a.m. Music with Karen (F) 2:30 p.m. Men's Group with Vern Bowers (D)	19 10 a.m. Hall exercise (SH) 10:30 a.m. Sit & Be Fit (F) 3 p.m. Worship (KH)	20 10 a.m. Inquiring Minds (AR) 11:30 a.m. Visits with Karen (D) 2 p.m. Resident Council (D)	21 10 a.m. Sit & Be Fit (F) 10:30 a.m. Balloon Ball (F) 1:45 p.m. Movie: <i>Benji</i> (AR)	22
23 9:30 a.m. Newton Bible Church service (SDR)	24 10 a.m. Hall exercise (SH) 10:30 a.m. Sit & Be Fit (F) 2 p.m. Sundae Monday (D) 2:15 p.m. Bingo (D)	25 10 a.m. Living Well with Karen (AR) 2:30 p.m. Yahtzee (D)	26 10 a.m. Hall exercise (SH) 10:30 a.m. Sit & Be Fit (F) 1:30 p.m. STEAM (D/AR) 3 p.m. Worship (KH)	27 10 a.m. Inquiring Minds (AR) 11:30 a.m. Visits with Karen (D) 3 p.m. Birthday party (KH)	28 10 a.m. Sit & Be Fit (F) 10:30 a.m. Balloon Ball (F) 1:45 p.m. Movie: <i>Inside the Mind of a Dog</i> (AR) 3:15 p.m. Book Club (D)	

Health Care Activities

February 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Locations CIR—Round circle table KH—Kidron Hall NDR—North Dining Room SDR—South Dining Room					1 2 p.m. Activity (WDR)
2 9:15 a.m. BCMC live stream	3 9:15 a.m. Scrabble (CIR) 10 a.m. Sit & Be Fit (SR) 1:30 p.m. Balloon Ball (SDR) 2:30 Ice cream (SDR) 7 p.m. Puzzles (SDR)	4 9 a.m. Dominoes (CIR) 9:30 a.m. Ball exercises (SDR) 1 p.m. Quilt tying (SR) 7 p.m. Bingo (WDR)	5 9:30 a.m. Chair exercises (SDR) 1:30 p.m. Trivia (SDR) 3 p.m. Worship (KH) 7 p.m. Manicures (NDR)	6 9:45 a.m. Music with Karen (SDR) 1:30 Balloon Ball (SDR) 3 p.m. Women's Bible study (SDR) 7 p.m. Bowling (WDR)	7 Enlite Library Day 10 a.m. Sit & Be Fit (SR) 2 p.m. Movie: <i>Kangaroo Valley</i> (SDR) 7 p.m. Game night (WDR)	8 2 p.m. Activity (WDR)
9 9:15 a.m. BCMC live stream	10 9:15 a.m. Scrabble (CIR) 10 a.m. Sit & Be Fit (SR) 1:30 p.m. Balloon Ball (SDR) 2:30 Ice cream (SDR) 7 p.m. Puzzles (SDR)	11 9 a.m. Dominoes (CIR) 9:30 Watermelon Ball (SDR) 1 p.m. Quilt tying (SR) 2:30 p.m. Men's Bible study (SDR) 7 p.m. Bowling (WDR)	12 9:30 a.m. Chair exercises (SDR) 1:30 p.m. Trivia (SDR) 3 p.m. Worship (KH) 7 p.m. Arts & crafts (WDR)	13 9:45 a.m. Music with Karen (SDR) 1:30 Balloon Ball (SDR) 3 p.m. Men's pop & talk (SDR) 7 p.m. Manicures (NDR)	14 10 a.m. Sit & Be Fit (SR) 2 p.m. Movie: <i>Mary Poppins</i> (SDR) 7 p.m. Game night (WDR)	15 8:30 a.m. Donuts to your door 2 p.m. Activity (WDR)
16 9:15 a.m. BCMC live stream	17 9:15 a.m. Scrabble (CIR) 10 a.m. Sit & Be Fit (SR) 1:30 p.m. Balloon Ball (SDR) 2:30 Ice cream (SDR) 7 p.m. Puzzles (SDR)	18 9 a.m. Dominoes (CIR) 9:30 a.m. Ball exercises (SDR) 1 p.m. Quilt tying (SR) 7 p.m. Manicures (WDR)	19 9:30 a.m. Chair exercises (SDR) 1:30 p.m. STEAM (SDR) 3 p.m. Worship (KH) 7 p.m. Arts & crafts (WDR)	20 9:45 a.m. Music with Karen (SDR) 1:30 Balloon Ball (SDR) 3 p.m. Women's Bible study (SDR) 7 Cooking club (WDR)	21 10 a.m. Sit & Be Fit (SR) 10 a.m. Resident Council (SR) 2 p.m. Movie: <i>Benji</i> (SDR) 7 p.m. Game night (WDR)	22 2 p.m. Activity (WDR)
23 9:15 a.m. BCMC live stream 9:30 a.m. Newton Bible Church service (SDR)	24 9:15 a.m. Scrabble (CIR) 10 a.m. Sit & Be Fit (SR) 1:30 p.m. Balloon Ball (SDR) 2:30 Ice cream (SDR) 7 p.m. Puzzles (SDR)	25 9 a.m. Dominoes (CIR) 9:30 Watermelon Ball (SDR) 1 p.m. Quilt tying (SR) 2:30 p.m. Men's Bible study (SDR) 7 p.m. Bowling (WDR)	26 9:30 a.m. Chair exercises (SDR) 3 p.m. Worship (KH) 7 p.m. Manicures (NDR)	27 9:45 a.m. Music with Karen (SDR) 1:30 Balloon Ball (SDR) 7 p.m. Bowling (WDR)	28 10 a.m. Sit & Be Fit (SR) 2 p.m. Birthday party (SDR) 7 p.m. Game night (WDR)	