

# Assisted Living Activities

# JANUARY 2022

**KIDRON BETHEL VILLAGE**  
BLUESTEM COMMUNITIES



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>LOCATIONS:</b> AR=Activity Room D=Dining Room F=AL Foyer SH=Sunflower Hall ALPD=AL Private Dining					1
2	3 8:20 DEVOTIONS-D 9:30 EXERCISE-SH 10 SIT & BE FIT-F 2 SUNDAE MONDAY-D 2:30 BINGO-D	4 8:20 DEVOTIONS-D 10 EXPLORING MUSIC-F 2 TUESDAY TRIVIA -D 3 TRIO BIKE RIDES	5 8:20 DEVOTIONS-D 9:30 EXERCISE-SH 10 SIT & BE FIT-F 2 WORSHIP-D	6 8:20 DEVOTIONS-D 10 HOLIDAY BAKING-AR 1:15 BALLOON BALL-F 3 DOMINOES-D	7 8 BUS TO DILLONS 9:30 HALL EXERCISE-SH 10 EXERCISE GAMES-F 1:45 MOVIE & POPCORN	8
9	10 8:20 DEVOTIONS-D 9:30 EXERCISE-SH 10 SIT & BE FIT-F 2 SUNDAE MONDAY-D 2:30 BINGO-D	11 8:20 DEVOTIONS-D 10 EXPLORING MUSIC-F 2 TUESDAY TRIVIA -D 3 DISCUSSIONS ON GRIEF & LOSS-D	12 8:20 DEVOTIONS-D 9:30 EXERCISE-SH 10 SIT & BE FIT-F 2 WORSHIP-D	13 8:20 DEVOTIONS-D 10 INQUIRING MINDS 1:15 BALLOON BALL-F 3 DOMINOES-D	14 8 BUS TO WALMART 9:30 HALL EXERCISE-SH 10 EXERCISE GAMES-F 1:45 MOVIE & POPCORN	15
16	17 8:20 DEVOTIONS-D 9:30 EXERCISE-SH 10 SIT & BE FIT-F 2 SUNDAE MONDAY-D 2:30 BINGO-D	18 8:20 DEVOTIONS-D 10 EXPLORING MUSIC-F 2 TUESDAY TRIVIA -D 3 DISCUSSIONS ON GRIEF & LOSS-D	19 8:20 DEVOTIONS-D 9:30 EXERCISE-SH 10 SIT & BE FIT-F 2 WORSHIP-D	20 8:20 DEVOTIONS-D 10 INQUIRING MINDS 1:15 BALLOON BALL-F 2 DOMINOES-D 3:30 RESIDENT COUNCIL-D	21 8 BUS TO DILLONS 9:30 HALL EXERCISE-SH 10 EXERCISE GAMES-F 1:45 MOVIE & POPCORN	22
23/30	24/31 8:20 DEVOTIONS-D 9:30 EXERCISE-SH 10 SIT & BE FIT-F 2 SUNDAE MONDAY-D 2:30 BINGO-D	25 8:20 DEVOTIONS-D 10 EXPLORING MUSIC-F 2 TUESDAY TRIVIA -D 3 DISCUSSIONS ON GRIEF & LOSS-D	26 8:20 DEVOTIONS-D 9:30 EXERCISE-SH 10 SIT & BE FIT-F 2 WORSHIP-D	27 8:20 DEVOTIONS-D 10 INQUIRING MINDS 1:15 BALLOON BALL-F 3 DOMINOES-D	28 8 BUS TO WALMART 9:30 HALL EXERCISE-SH 10 EXERCISE GAMES-F 1:45 MOVIE & POPCORN	29

# Health Care Activities

# January 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31 10 a.m. Book Club: <i>Anne of Avonlea</i> , Week 12: Chapters 22 & 23 2 p.m. BCMC TV 3 p.m. Faith Menno TV	WDR = West Dining Room				1
2	3 10 a.m. Book Club: <i>Anne of Avonlea</i> , Week 8: Chapters 15 & 16 2 p.m. BCMC TV 3 p.m. Faith Menno TV	4 10 a.m. Coffee Chats—WDR 2 p.m. Aria Health Care Dental Care presentation—WDR 7 p.m. Game Night—WDR	5 10 a.m. Chair Stretches with Lori—WDR 3 p.m. Midweek Worship—WDR	6 10 a.m. Music with Karen – WDR 2 p.m. Art Group—WDR 7 p.m. Nail painting	7 10 a.m. Donuts and coffee—WDR	8
9	10 10 a.m. Book Club: <i>Anne of Avonlea</i> , Week 9: Chapters 17 & 18 2 p.m. BCMC TV 3 p.m. Faith Menno TV	11 10 a.m. Coffee Chats—WDR 7 p.m. Game Night—WDR	12 10 a.m. Chair Stretches with Lori—WDR 3 p.m. Midweek Worship—WDR	13 10 a.m. Music with Karen – WDR 2 p.m. Art Group—WDR 7 p.m. Nail painting	14 10 a.m. Donuts and coffee—WDR	15
16	17 10 a.m. Book Club: <i>Anne of Avonlea</i> , Week 10: Chapters 19 & 20 2 p.m. BCMC TV 3 p.m. Faith Menno TV	18 10 a.m. Coffee Chats—WDR 7 p.m. Game Night—WDR	19 10 a.m. Chair Stretches with Lori—WDR 3 p.m. Midweek Worship—WDR	20 10 a.m. Music with Karen – WDR 2 p.m. Art Group—WDR 7 p.m. Nail painting	21 10 a.m. Donuts and coffee—WDR	22
23	24 10 a.m. Book Club: <i>Anne of Avonlea</i> , Week 12: Chapters 20 & 21 2 p.m. BCMC TV 3 p.m. Faith Menno TV	25 10 a.m. Coffee Chats—WDR 7 p.m. Bingo Night—WDR	26 10 a.m. Chair Stretches with Lori—WDR 3 p.m. Midweek Worship—WDR	27 10 a.m. Music with Karen – WDR 2 p.m. Art Group—WDR 7 p.m. Nail painting	28 10 a.m. Donuts and coffee—WDR 2 p.m. Resident Council—WDR	29