

Assisted Living Activities

January 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Locations AR—Activity Room D—Dining Room F—Foyer KH—Kidron Hall SDR—Health care South Dining Room		1 Happy New Year! 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F	2 10 a.m. Inquiring Minds 2 p.m. Activities as planned	3 Enlite Library Day 10 a.m. Sit & Be Fit—F 10:30 a.m. Balloon Ball—F 1:45 p.m. Movie and popcorn	4
5	6 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F 2 p.m. Sundae Monday—D 2:15 p.m. Bingo—D	7 10 a.m. Music with Karen 11 a.m. Activities as planned 2:30 p.m. Ladies' tea	8 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F 3 p.m. Worship—KH	9 9 a.m. Coffee with Coaches—KH 9:30 a.m. KipCo discussion 9:45 Hymn sing—SDR 11:30 Visits with Karen 2 p.m. Activities as planned	10 10 a.m. Sit & Be Fit—F 10:30 a.m. Balloon Ball—F 1:45 p.m. Movie and popcorn	11
12	13 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F 2 p.m. Sundae Monday—D 2:15 p.m. Bingo—D	14 10 a.m. Bible study 3 p.m. BCMC gathering—AR	15 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F 3 p.m. Worship—KH	16 9:45 a.m. Hymn sing—SDR 10 a.m. Inquiring Minds 11:30 a.m. Visits with Karen 2 p.m. Making Valentine's Day cards	17 10 a.m. Sit & Be Fit—F 10:30 a.m. Balloon Ball—F 1:45 p.m. Movie and popcorn	18 8:30 a.m. Donuts from Life Enrichment
19 9:30 a.m. Newton Bible Church service—SDR	20 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F 2 p.m. Sundae Monday—D 2:15 p.m. Bingo—D	21 10 a.m. Music with Karen 2:30 p.m. Men's Group led by Vern Bowers—D	22 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F 1:30 p.m. STEAM 3 p.m. Worship—KH	23 9:45 a.m. Hymn sing—SDR 10 a.m. Inquiring Minds 11:30 a.m. Visits with Karen 2 p.m. Resident Council	24 10 a.m. Sit & Be Fit—F 10:30 a.m. Balloon Ball—F 1:45 p.m. Movie and popcorn	25
26	27 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F 2 p.m. Sundae Monday—D 2:15 p.m. Bingo—D	28 10 a.m. Living Well with Karen 3 p.m. Games	29 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F 3 p.m. Worship—KH	30 9:45 a.m. Hymn sing—SDR 10 a.m. Inquiring Minds 11:30 a.m. Visits with Karen 2 p.m. Activities as planned 3 Birthday party—KH	31 10 a.m. Sit & Be Fit—F 10:30 a.m. Balloon Ball—F 1:45 p.m. Movie and popcorn	

Health Care Activities

January 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Locations CIR—Round circle table KH—Kidron Hall NDR—North Dining Room SDR—South Dining Room		1 Happy New Year!	2 9:45 a.m. Run Run Rudolph game—SDR 1:30 p.m. Balloon Ball—SDR 3 p.m. Women's Bible study—SDR 7 p.m. Bowling—WDR	3 10 a.m. Sit & Be Fit—SR 2 p.m. Movie: <i>Kangaroo Valley</i> —SDR 7 p.m. Game Night—WDR	4 2 p.m. Activity
5 9:15 a.m. BCMC live stream	6 9:15 a.m. Scrabble—CIR 10 a.m. Sit & Be Fit—SR 1:30 p.m. Balloon Ball—SDR 2:30 Ice cream—SDR 7 p.m. Puzzles—SDR	7 9 a.m. Dominoes—CIR 9:30 a.m. Ball Exercises—SDR 1 p.m. Quilt tying—SR 2:30 p.m. Crafts—SDR 7 p.m. Bingo—WDR	8 9:30 a.m. Musical chair exercises—SDR 1:30 p.m. STEAM—SDR 3 p.m. Worship—KH 7 p.m. Manicures—NDR	9 9:45 a.m. Music with Karen—SDR 1:30 p.m. Balloon Ball—SDR 3 p.m. Men's pop & talk—SDR 7 Cooking club—WDR	10 10 a.m. Sit & Be Fit—SR 2 p.m. Movie: <i>Daddy Daycare</i> —SDR 7 p.m. Game Night—WDR	11 2 p.m. Activity
12 9:15 a.m. BCMC live stream	13 9:15 a.m. Scrabble—CIR 10 a.m. Sit & Be Fit—SR 1:30 p.m. Balloon Ball—SDR 2:30 Ice cream—SDR 7 p.m. Puzzles—SDR	14 9 a.m. Dominoes—CIR 9:30 a.m. Watermelon Ball—SDR 1 p.m. Quilt tying—SR 7 p.m. Bowling—WDR	15 9:30 a.m. Musical chair exercises—SDR 1:30 p.m. Trivia—SDR 3 p.m. Worship—KH 7 p.m. Arts & Crafts—WDR	16 9:45 a.m. Music with Karen—SDR 1:30 p.m. Balloon Ball—SDR 3 p.m. Women's Bible study—SDR 7 p.m. Manicures—NDR	17 10 a.m. Sit & Be Fit—SR 2 p.m. Movie: <i>Inside the Mind of a Cat</i> —SDR 7 p.m. Game Night—WDR	18 8:30 a.m. Donuts to your door 2 p.m. Activity
19 9:15 a.m. BCMC live stream	20 9:15 a.m. Scrabble—CIR 10 a.m. Sit & Be Fit—SR 1:30 p.m. Balloon Ball—SDR 2:30 Ice cream—SDR 7 p.m. Puzzles—SDR	21 9 a.m. Dominoes—CIR 9:30 a.m. Ball Exercises—SDR 1 p.m. Quilt tying—SR 2:30 p.m. Crafts—SDR 7 p.m. Manicures—WDR	22 9:30 a.m. Musical chair exercises—SDR 1:30 p.m. Trivia—SDR 3 p.m. Worship—KH 7 p.m. Arts & Crafts—WDR	23 9:45 a.m. Music with Karen—SDR 1:30 p.m. Balloon Ball—SDR 3 p.m. Men's pop & talk—SDR 7 Cooking club—WDR	24 10 a.m. Sit & Be Fit—SR 10 a.m. Resident Council—SR 2 p.m. Birthday party—SDR 7 p.m. Game Night—WDR	25 2 p.m. Activity
26 9:15 a.m. BCMC live stream	27 9:15 a.m. Scrabble—CIR 10 a.m. Sit & Be Fit—SR 1:30 p.m. Balloon Ball—SDR 2:30 Ice cream—SDR 7 p.m. Puzzles—SDR	28 9 a.m. Dominoes—CIR 9:30 a.m. Watermelon Ball—SDR 1 p.m. Quilt tying—SR 2:30 p.m. Table games—SDR 7 p.m. Bingo—WDR	29 9:30 a.m. Musical chair exercises—SDR 1:30 p.m. Trivia—SDR 3 p.m. Worship—KH 7 p.m. Manicures—NDR	30 9:45 a.m. Music with Karen—SDR 1:30 p.m. Balloon Ball—SDR 7 p.m. Table Golf—WDR	31 10 a.m. Sit & Be Fit—SR 2 p.m. Movie: <i>Secondhand Lions</i> —SDR 7 p.m. Game Night—WDR	