

Assisted Living Activities

January 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 a.m. Bethel College Mennonite service	2 Observance of New Year holiday	3 8:30 a.m. Devotions 10 a.m. Music with Karen 2 p.m. Tuesday Trivia	4 8:30 a.m. Devotions 10 a.m. Hall Exercise 10:30 a.m. Sit & Be Fit 2 p.m. Midweek worship 2:45 Spinner Dominoes	5 8:30 a.m. Devotions 10 a.m. Inquiring Minds 1 p.m. Balloon Ball 3 p.m. Dominoes	6 8:30 a.m. Devotions 10 a.m. Hall Exercise 10:30 a.m. Sit & Be Fit 1:45 p.m. Movie & popcorn	7
8 9:30 a.m. Bethel College Mennonite service	9 8:30 a.m. Devotions 10 a.m. Hall Exercise 10:30 a.m. Sit & Be Fit 2 p.m. Sundae Monday 2:30 p.m. Bingo 3:15 p.m. Shalom service	10 8:30 a.m. Devotions 10 a.m. Music with Karen 2 p.m. Tuesday Trivia	11 8:30 a.m. Devotions 10 a.m. Hall Exercise 10:30 a.m. Sit & Be Fit 2 p.m. Midweek worship 3 p.m. Scrabble	12 8:30 a.m. Devotions 10 a.m. Guest speaker: Debbie Oelke 1 p.m. Balloon Ball 3 p.m. Dominoes	13 8:30 a.m. Devotions 10 a.m. Hall Exercise 10:30 a.m. Sit & Be Fit 1:45 p.m. Movie & popcorn	14
15 9:30 a.m. Bethel College Mennonite service	16 8:30 a.m. Devotions 10 a.m. Hall Exercise 10:30 a.m. Sit & Be Fit 2 p.m. Sundae Monday 2:30 p.m. Bingo 3:15 p.m. Shalom service	17 8:30 a.m. Devotions 10 a.m. Music with Karen 2 p.m. Tuesday Trivia	18 8:30 a.m. Devotions 10 a.m. Hall Exercise 10:30 a.m. Sit & Be Fit 2 p.m. Midweek worship 2:45 Spinner Dominoes	19 8:30 a.m. Devotions 10 a.m. Inquiring Minds 1 p.m. Balloon Ball 3 p.m. Dominoes	20 8:30 a.m. Devotions 10 a.m. Hall Exercise 10:30 a.m. Sit & Be Fit 1:45 p.m. Movie & popcorn	21
228 9:30 a.m. Bethel College Mennonite service	23 8:30 a.m. Devotions 10 a.m. Hall Exercise 10:30 a.m. Sit & Be Fit 2 p.m. Sundae Monday 2:30 p.m. Bingo 3:15 p.m. Shalom	24 8:30 a.m. Devotions 10 a.m. Music with Karen 2 p.m. Tuesday Trivia	25 8:30 a.m. Devotions 10 a.m. Hall Exercise 10:30 a.m. Sit & Be Fit 2 p.m. Midweek worship 3 p.m. Scrabble	26 8:30 a.m. Devotions 10 a.m. Inquiring Minds 1 p.m. Balloon Ball 3 p.m. Dominoes	27 8:30 a.m. Devotions 10 a.m. Hall Exercise 10:30 a.m. Sit & Be Fit 1:45 p.m. Movie & popcorn	28
29 9:30 a.m. Bethel College Mennonite service	30 8:30 a.m. Devotions 10 a.m. Hall Exercise 10:30 a.m. Sit & Be Fit 2 p.m. Sundae Monday 2:30 p.m. Bingo 3:15 p.m. Shalom service	31 8:30 a.m. Devotions 10 a.m. Music with Karen 2 p.m. Tuesday Trivia				

Health Care Activities

January 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 10 a.m. Life's a Stitch—North 2 p.m. BCMC service—TV 3 p.m. Faith Menno service—TV	3 10 a.m. Chair Exercises 7 p.m. Open Game Night	4 10 a.m. Table Talk 3 p.m. Midweek worship—SDR	5 10 a.m. Music with Life Enrichment 2 p.m. Art Group—SDR 7 p.m. Manicures	6 10:15 a.m. Spirituality Group 2 p.m. Pop and popcorn	7
8	9 2 p.m. BCMC service—TV 3 p.m. Faith Menno service—TV	10 3 p.m. Music with Marie Fiebach—SDR 7 p.m. Open Game Night	11 10 a.m. Table Talk 3 p.m. Midweek worship—SDR	12 10 a.m. Piano music by Life Enrichment 2 p.m. Art Group—SDR 7 p.m. Manicures	13 10:15 a.m. Spirituality Group 2 p.m. Pop and popcorn	14
15	16 10 a.m. Life's a Stitch—North 2 p.m. BCMC service—TV 3 p.m. Faith Menno service—TV	17 10 a.m. Chair Exercises 7 p.m. S'mores in Doors	18 10 a.m. Table Talk 3 p.m. Midweek worship—SDR	19 10 a.m. Music with Life Enrichment 2 p.m. Art Group—SDR 7 p.m. Manicures	20 9 a.m. to noon Bereavement Card Art display—Health care entrance 3 p.m. Resident Council—SDR	21
28	23 10 a.m. Life's a Stitch—North 2 p.m. BCMC service—TV 3 p.m. Faith Menno service—TV	24 10 a.m. Chair Exercises 7 p.m. Jeopardy Night	25 10 a.m. Table Talk 3 p.m. Midweek worship—SDR	26 10 a.m. Music with Life Enrichment 2 p.m. Art Group—SDR 7 p.m. Manicures	27 10:15 a.m. Spirituality Group 2 p.m. Pop and popcorn	28 Donuts in the morning
29	30 10 a.m. Life's a Stitch—North 2 p.m. BCMC service—TV 3 p.m. Faith Menno service—TV	31 10 a.m. Chair Exercises 7 p.m. Bingo Night			Locations: SDR—South Dining Room North—North Dining Room	