

Assisted Living Activities

July 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1 10 a.m. Hall exercise (SH) 10:30 a.m. Sit & Be Fit (F) 11 a.m. Lunch outing</p> <p>2 p.m. Sundae Monday (D) 2:15 p.m. Bingo (DR)</p>	<p>2 10 a.m. Blue skies song rehearsal (F)</p> <p>2 p.m. Ice cream social</p>	<p>3 10 a.m. Hall exercise (SH) 10:30 a.m. Sit & Be Fit (F) 1:30 p.m. Lemonade on the porch 3 p.m. Midweek worship (KH)</p>	<p>4 Happy Independence Day</p> <p>Fireworks Extravaganza beginning at 7:30 p.m.</p>	<p>5 10 a.m. Hall exercise (SH) 10:30 a.m. Sit & Be Fit (F)</p> <p>1:45 p.m. Movie & popcorn</p>	6
7	<p>8 9 a.m. Trio Bike rides 10 a.m. Hall exercise (SH) 10:30 a.m. Sit & Be Fit (F)</p> <p>2 p.m. Sundae Monday (D) 2:15 p.m. Bingo (DR)</p>	<p>9 10 a.m. Music performance (F)</p> <p>3 p.m. BCMC gathering (AR)</p>	<p>10 10 a.m. Hall exercise (SH) 10:30 a.m. Sit & Be Fit (F) 1:30 p.m. Lemonade on the porch 3 p.m. Midweek worship (KH)</p>	<p>11 10 a.m. Inquiring Minds— "Explorer: Lake of Fire" OR hymn sing in HC south dining room 2 p.m. Living fully where you are with Dawn (AR)</p>	<p>12 10 a.m. Hall exercise (SH) 10:30 a.m. Sit & Be Fit (F)</p> <p>1:45 p.m. Movie & popcorn 6:30 p.m. Bluegrass performance (KH)</p>	13
14	<p>15 9 a.m. Trio Bike rides 10 a.m. Hall exercise (SH) 10:30 a.m. Sit & Be Fit (F)</p> <p>2 p.m. Sundae Monday (D) 2:15 p.m. Bingo (DR)</p>	<p>16 10 a.m. Music performance (F)</p> <p>2:30 p.m. Men's group led by Vern Bowers (D)</p>	<p>17 10 a.m. Hall exercise (SH) 10:30 a.m. Sit & Be Fit (F) 1:30 p.m. Lemonade on the porch 3 p.m. Midweek worship (KH)</p>	<p>18 10 a.m. Inquiring Minds— "George W. Bush 9/11 interview" OR hymn sing in HC south dining room 2 p.m. Resident Council (D)</p>	<p>19 10 a.m. Hall exercise (SH) 10:30 a.m. Sit & Be Fit (F)</p> <p>1:45 p.m. Movie & popcorn</p>	20
21	<p>22 9 a.m. Trio Bike rides 10 a.m. Hall exercise (SH) 10:30 a.m. Sit & Be Fit (F)</p> <p>2 p.m. Sundae Monday (D) 2:15 p.m. Bingo (DR)</p>	<p>23 10 a.m. Music performance (F)</p> <p>2:30 p.m. Ladies' tea (D)</p>	<p>24 10 a.m. Hall exercise (SH) 10:30 a.m. Sit & Be Fit (F) 1:30 p.m. Lemonade on the porch 3 p.m. Midweek worship (KH)</p>	<p>25 10 a.m. Inquiring Minds— "Princess Diana" OR hymn sing in HC south dining room 2 p.m. Bible study with Dawn (AR)</p>	<p>26 10 a.m. Hall exercise (SH) 10:30 a.m. Sit & Be Fit (F)</p> <p>1:45 p.m. Movie & popcorn</p>	27
28	<p>29 9 a.m. Trio Bike rides 10 a.m. Hall exercise (SH) 10:30 a.m. Sit & Be Fit (F)</p> <p>2 p.m. Sundae Monday (D) 2:15 p.m. Bingo (DR)</p>	<p>30 10 a.m. Music performance (F)</p> <p>2 p.m. Getting to know you 3:30 p.m. Painting nails</p>	<p>31 10 a.m. Hall exercise (SH) 10:30 a.m. Sit & Be Fit (F) 1:30 p.m. Lemonade on the porch 3 p.m. Midweek worship (KH)</p>		<p>Locations: AR—Activity Room CY—Courtyard D—Dining Room F—AL Foyer KH—Kidron Hall SH—Sunflower Hall</p>	

Health Care Activities

July 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1 9:15 a.m. Scrabble (CIR) 9:30 a.m. Sit & Be Fit (SR) 1:30 p.m. Balloon Volleyball (SDR) 2:30 p.m. Ice cream (SDR) 7 p.m. Arts & crafts (SDR)</p>	<p>2 9 a.m. Dominoes (CIR) 9:30 a.m. Lemonade in the shade (SWC) 1:30 p.m. Balloon ball (SDR) 7 p.m. Bingo (SDR)</p>	<p>3 9 to 11 a.m. Trio bike rides 9:30 a.m. Sit & Be Fit (SR) 3 p.m. Midweek worship (KH) 7 p.m. Manicures (NDR)</p>	<p>4 1:30 p.m. Balloon ball (SDR) 7:30 p.m. Fireworks Extravaganza outdoor celebration 9:45 p.m. Fireworks</p>	<p>5 9:30 a.m. Sit & Be Fit (SR) 2 p.m. Movie and snacks—<i>80 for Brady</i> 7 p.m. Game Night (WDR)</p>	<p>6 2 p.m. Baking Club (WDR)</p>
<p>7 9:15 a.m. BCMC live stream</p>	<p>8 9:15 a.m. Scrabble (CIR) 9:30 a.m. Sit & Be Fit (SR) 1:30 p.m. Balloon Volleyball (SDR) 2:30 p.m. Ice cream (SDR) 7 p.m. Arts & crafts (SDR)</p>	<p>9 9 a.m. Dominoes (CIR) 9:30 a.m. Lemonade in the shade (SWC) 1:30 p.m. Balloon ball (SDR) 7 p.m. Memory games (WDR)</p>	<p>10 9 to 11 a.m. Trio bike rides 9:30 a.m. Sit & Be Fit (SR) 3 p.m. Midweek worship (KH) 7 p.m. Bingo (NDR)</p>	<p>11 10 a.m. Music with Karen (SDR) 1:30 p.m. Balloon ball (SDR) 7 p.m. Memory games (WDR)</p>	<p>12 9:30 a.m. Sit & Be Fit (SR) 2 p.m. Movie and snacks—<i>Harriet</i> 7 p.m. Game Night (WDR)</p>	<p>13 2 p.m. Baking Club (WDR)</p>
<p>14 9:15 a.m. BCMC live stream</p>	<p>15 9:15 a.m. Scrabble (CIR) 9:30 a.m. Sit & Be Fit (SR) 1:30 p.m. Balloon Volleyball (SDR) 2:30 p.m. Ice cream (SDR) 7 p.m. Arts & crafts (SDR)</p>	<p>16 9 a.m. Dominoes (CIR) 9:30 a.m. Lemonade in the shade (SWC) 1:30 p.m. Balloon ball (SDR) 7 p.m. Bingo (SDR)</p>	<p>17 9 to 11 a.m. Trio bike rides 9:30 a.m. Sit & Be Fit (SR) 3 p.m. Midweek worship (KH) 7 p.m. Puzzles (NDR)</p>	<p>18 10 a.m. Music with Karen (SDR) 1:30 p.m. Balloon ball (SDR) 3 p.m. Women's Bible study (SDR) 7 p.m. Memory games (WDR)</p>	<p>19 9:30 a.m. Sit & Be Fit (SR) 2 p.m. Movie and snacks—<i>Air</i> 7 p.m. Game Night (WDR)</p>	<p>20 8:30 a.m. Donuts to your door 2 p.m. Baking Club (WDR)</p>
<p>21 9:15 a.m. BCMC live stream</p>	<p>22 9:15 a.m. Scrabble (CIR) 9:30 a.m. Sit & Be Fit (SR) 1:30 p.m. Balloon Volleyball (SDR) 2:30 p.m. Ice cream (SDR) 7 p.m. Arts & crafts (SDR)</p>	<p>23 9 a.m. Dominoes (CIR) 9:30 a.m. Lemonade in the shade (SWC) 1:30 p.m. Balloon ball (SDR) 7 p.m. Memory games (WDR)</p>	<p>24 9 to 11 a.m. Trio bike rides 9:30 a.m. Sit & Be Fit (SR) 3 p.m. Midweek worship (KH) 7 p.m. Bingo (NDR)</p>	<p>25 10 a.m. Dice games (SDR) 1:30 p.m. Balloon ball (SDR) 7 p.m. Memory games (WDR)</p>	<p>26 9:30 a.m. Sit & Be Fit (SR) 10:30 a.m. Resident Council meeting (SR) 2 p.m. Birthday party (SDR) 7 p.m. Game Night (WDR)</p>	<p>27 2 p.m. Baking Club (WDR)</p>
<p>28 9:15 a.m. BCMC live stream</p>	<p>29 9:15 a.m. Scrabble (CIR) 9:30 a.m. Sit & Be Fit (SR) 1:30 p.m. Balloon Volleyball (SDR) 2:30 p.m. Ice cream (SDR) 7 p.m. Arts & crafts (SDR)</p>	<p>30 9 a.m. Dominoes (CIR) 9:30 a.m. Lemonade in the shade (SWC) 1:30 p.m. Balloon ball (SDR) 7 p.m. Bingo (SDR)</p>	<p>31 9 to 11 a.m. Trio bike rides 9:30 a.m. Sit & Be Fit (SR) 3 p.m. Hymn sing (KH) 7 p.m. Puzzles (NDR)</p>		<p>Locations: CIR—Round Circle KH—Kidron Hall NDR—North Dining Room SDR—South Dining Room</p>	<p>Locations: SR—Sun Room SWC—South Courtyard WDR—South Dining Room</p>