

# Assisted Living Activities

## June 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Locations:</b> <b>AR=Activity Room</b> <b>D=Dining Room</b> <b>F=AL Foyer</b> <b>SH=Sunflower Hall</b> <b>MHC-Menno Hall</b> <b>CY-Courtyard</b>		<b>1</b> <b>8:30 a.m.</b> Devotions—D <b>9 a.m.</b> Gardening <b>10 a.m.</b> Exercise—SH <b>10:30 a.m.</b> Sit & Be Fit—F <b>2 p.m.</b> Worship—D <b>2:40 p.m.</b> Triobike rides	<b>2</b> <b>8:30 a.m.</b> Devotions—D <b>10 a.m.</b> Inquiring minds <b>2 p.m.</b> Balloon Ball—F <b>3 p.m.</b> Dominoes <b>3 p.m.</b> Faith Menno church service— AR	<b>3</b> <b>10 a.m.</b> Hall exercise—SH <b>1:45 p.m.</b> Movie & popcorn	<b>4</b>
5	<b>6</b> <b>8:30 a.m.</b> Devotions—D <b>10 a.m.</b> Exercise—SH <b>2 p.m.</b> —Sundae Monday—D <b>2:30 p.m.</b> Bingo—D <b>3:30 p.m.</b> BCMC service	<b>7</b> <b>8:30 a.m.</b> Devotions—D <b>10 a.m.</b> Music with Karen—F <b>2 p.m.</b> Tuesday Trivia—D <b>3 p.m.</b> Bible Study	<b>8</b> <b>8:30 a.m.</b> Devotions—D <b>10 a.m.</b> Exercise—SH <b>10:30 a.m.</b> Sit & Be Fit—F <b>2 p.m.</b> Worship—D <b>3 p.m.</b> Volunteering activities	<b>9</b> <b>8:30 a.m.</b> Devotions—D <b>10 a.m.</b> Inquiring minds <b>2 p.m.</b> Balloon Ball—F <b>3 p.m.</b> Dominoes <b>3 p.m.</b> Faith Menno church service— AR	<b>10</b> <b>10 a.m.</b> Hall exercise—SH <b>1:45 p.m.</b> Movie & popcorn	<b>11</b>
12	<b>13</b> <b>8:30 a.m.</b> Devotions—D <b>10 a.m.</b> Exercise—SH <b>10:30 a.m.</b> Sit & Be Fit <b>2 p.m.</b> —Sundae Monday <b>2:30 p.m.</b> Bingo—D <b>3:30 p.m.</b> BCMC service	<b>14</b> <b>8:30 a.m.</b> Devotions—D <b>9 a.m.</b> Manicures <b>10 a.m.</b> Music with Karen—F <b>2 p.m.</b> Tuesday Trivia—D <b>3 p.m.</b> Bible Study	<b>15</b> <b>8:30 a.m.</b> Devotions—D <b>9 a.m.</b> Gardening <b>10 a.m.</b> Exercise—SH <b>10:30 a.m.</b> Sit & Be Fit—F <b>Noon</b> Staff BBQ <b>2 p.m.</b> Worship—D <b>2:40 p.m.</b> Triobike rides	<b>16</b> <b>8:30 a.m.</b> Devotions—D <b>10 a.m.</b> Inquiring minds <b>2 p.m.</b> Balloon Ball—F <b>2 p.m.</b> Dominoes <b>3 p.m.</b> Resident Council	<b>17</b> <b>10 a.m.</b> Hall exercise—SH <b>1:45 p.m.</b> Movie & popcorn	<b>18</b>
19	<b>20</b> <b>8:30 a.m.</b> Devotions—D <b>10 a.m.</b> Exercise—SH <b>10:30 a.m.</b> Sit & Be Fit <b>2 p.m.</b> —Sundae Monday <b>2:30 p.m.</b> Bingo—D <b>3:30 p.m.</b> BCMC service	<b>21</b> <b>8:30 a.m.</b> Devotions—D <b>10 a.m.</b> Music with Karen—F <b>2 p.m.</b> Tuesday Trivia—D <b>3 p.m.</b> Bible Study	<b>22</b> <b>8:30 a.m.</b> Devotions—D <b>9 a.m.</b> Gardening <b>10 a.m.</b> Exercise—SH <b>10:30 a.m.</b> Sit & Be Fit—F <b>2 p.m.</b> Worship—D <b>2:40 p.m.</b> Triobike rides	<b>23</b> <b>8:30 a.m.</b> Devotions—D <b>10 a.m.</b> Inquiring minds <b>2 p.m.</b> Balloon Ball—F <b>3 p.m.</b> Dominoes <b>3 p.m.</b> Faith Menno church service— AR	<b>24</b> <b>10 a.m.</b> Hall exercise—SH <b>1:45 p.m.</b> Movie & popcorn	<b>25</b>
26	<b>27</b> <b>8:30 a.m.</b> Devotions—D <b>10 a.m.</b> Exercise—SH <b>10:30 a.m.</b> Sit & Be Fit <b>2 p.m.</b> —Sundae Monday <b>2:30 p.m.</b> Bingo—D <b>3:30 p.m.</b> BCMC service	<b>28</b> <b>8:30 a.m.</b> Devotions—D <b>9 a.m.</b> Manicures <b>10 a.m.</b> Music with Karen—F <b>2 p.m.</b> Tuesday Trivia—D <b>3 p.m.</b> Bible Study	<b>29</b> <b>8:30 a.m.</b> Devotions—D <b>9 a.m.</b> Gardening <b>10 a.m.</b> Exercise—SH <b>10:30 a.m.</b> Sit & Be Fit—F <b>2 p.m.</b> Worship—D <b>2:40 p.m.</b> Triobike rides	<b>30</b> <b>8:30 a.m.</b> Devotions—D <b>10 a.m.</b> Inquiring minds <b>2 p.m.</b> Balloon Ball—F <b>3 p.m.</b> Dominoes <b>3 p.m.</b> Faith Menno church service— AR		

# Health Care Activities

# June 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10 a.m. Chair exercises with Lori 3 p.m. Midweek Worship	2 10 a.m. Music time 2 p.m. Art group 7 p.m. Nail painting	3 10 a.m. MCC pencil wrapping 3 p.m. Popcorn & pop Outdoor time & Triobike rides	4
5	6 2 p.m. BCMC Worship—TV 3 p.m. Faith Menno Worship—TV	7 10 a.m. Outdoor time & Gardening Circle 7 p.m. Game Night	8 10 a.m. Giant balloon ball 3 p.m. Midweek Worship	9 10 a.m. Karen duet pianos 2 p.m. Art group 7 p.m. Nail painting	10 2 p.m. Popcorn, pop & movie musica: <i>Les Miserables</i> Outdoor time & Triobike rides	11
12	13 2 p.m. BCMC Worship—TV 3 p.m. Faith Menno Worship—TV	14 10 a.m. Outdoor time & Gardening Circle 7 p.m. Floral arranging	15 10 a.m. Chair exercises with Lori 3 p.m. Midweek Worship	16 10 a.m. Music time 2 p.m. Art group 7 p.m. Nail painting	17 3 p.m. Coffee house & music	18
19	20 2 p.m. BCMC Worship—TV 3 p.m. Faith Menno Worship—TV	21 10 a.m. Outdoor time & Gardening Circle 7 p.m. Jeopardy night	22 10 a.m. Chair exercises with Lori 3 p.m. Midweek Worship	23 10 a.m. Music time 2 p.m. Art group 7 p.m. Nail painting	24 2 p.m. Resident Council Fresh fruit following 3 p.m. Outdoor time & Triobike rides	25 9:30 a.m. Donuts with friends
26	27 2 p.m. BCMC Worship—TV 3 p.m. Faith Menno Worship—TV	28 10 a.m. Outdoor time & Gardening Circle 7 p.m. Bingo night	29 10 a.m. Chair exercises with Lori 3 p.m. Midweek Worship	30 10 a.m. Music time 2 p.m. Art group 7 p.m. Nail painting		