

Assisted Living Activities

March 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Locations: AR—Activity Room D—Dining Room F—AL Foyer SH—Sunflower Hall			1 8:30 a.m. Devotions—D 10 a.m. Hall Exercise—SH 10:30 a.m. Sit & Be Fit—F 2 p.m. A Word from Tony Evans—AR 2:45 Spinner Dominoes—D	2 8:30 a.m. Devotions 10 a.m. Inquiring Minds—SH 1 p.m. Balloon Ball—F 3 p.m. Dominoes—D	3 8:30 a.m. Devotions 10 a.m. Hall Exercise—SH 10:30 a.m. Sit & Be Fit—F 1:45 a.m. Movie & popcorn—AR	4
5 9:30 a.m. Bethel College Mennonite service in AR	6 8:30 a.m. Devotions 10 Hall exercise—SH 10:30 Sit & Be Fit—F 2 p.m. Sundae Monday—D 2:30 p.m. Bingo—D 3 Shalom service—AR	7 8:30 a.m. Devotions—D 10 Music with Karen—F 1:30 p.m. Tuesday Trivia—D 2:30 p.m. Cornhole Toss—F	8 8:30 a.m. Devotions—D 10 a.m. Hall Exercise—SH 10:30 a.m. Sit & Be Fit—F 1 Free Throw Shootout—F 2 p.m. A Word from Tony Evans—AR 3 p.m. Scrabble—D	9 8:30 a.m. Devotions 10 a.m. Inquiring Minds—SH 1 p.m. Balloon Ball—F 3 p.m. Dominoes—D	10 8:30 a.m. Devotions 10 a.m. Hall Exercise—SH 10:30 a.m. Sit & Be Fit—F 1:45 a.m. Movie & popcorn—AR	11
12 9:30 a.m. Bethel College Mennonite service in AR	13 8:30 a.m. Devotions 10 Hall exercise—SH 10:30 Sit & Be Fit—F 2 p.m. Sundae Monday—D 2:30 p.m. Bingo—D 3 Shalom service—AR	14 8:30 a.m. Devotions—D 10 Music with Karen—F 1:30 p.m. Tuesday Trivia—D 2:30 p.m. Cornhole Toss—F	15 8:30 a.m. Devotions—D 10 a.m. Hall Exercise—SH 10:30 a.m. Sit & Be Fit—F 1 Free Throw Shootout—F 2 p.m. A Word from Tony Evans—AR 2:45 Spinner Dominoes—D	16 8:30 a.m. Devotions 10 a.m. Inquiring Minds—SH 1 p.m. Balloon Ball—F 2 p.m. Dominoes—D 3 p.m. Resident Council—D	17 8:30 a.m. Devotions 10 a.m. Hall Exercise—SH 10:30 a.m. Sit & Be Fit—F 1:45 a.m. Movie & popcorn—AR	18
19 9:30 a.m. Bethel College Mennonite service in AR	20 8:30 a.m. Devotions 10 Hall exercise—SH 10:30 Sit & Be Fit—F 2 p.m. Sundae Monday—D 2:30 p.m. Bingo—D 3 Shalom service—AR	21 8:30 a.m. Devotions—D 10 Music with Karen—F 1:30 p.m. Tuesday Trivia—D 2:30 p.m. Cornhole Toss—F	22 8:30 a.m. Devotions—D 10 a.m. Hall Exercise—SH 10:30 a.m. Sit & Be Fit—F 1 Free Throw Shootout—F 2 p.m. A Word from Tony Evans—AR 3 p.m. Scrabble—D	23 8:30 a.m. Devotions 10 a.m. Inquiring Minds—SH 1 p.m. Balloon Ball—F 3 p.m. Dominoes—D	24 8:30 a.m. Devotions 10 a.m. Hall Exercise—SH 10:30 a.m. Sit & Be Fit—F 1 a.m. Clean up the garden in AL courtyard	25
26 9:30 a.m. Bethel College Mennonite service in AR	27 8:30 a.m. Devotions 10 Hall exercise—SH 10:30 Sit & Be Fit—F 2 p.m. Sundae Monday—D 2:30 p.m. Bingo—D 3 Shalom service—AR	28 8:30 a.m. Devotions—D 10 Music with Karen—F 1:30 p.m. Tuesday Trivia—D 2:30 p.m. Cornhole Toss—F	29 8:30 a.m. Devotions—D 10 a.m. Hall Exercise—SH 10:30 a.m. Sit & Be Fit—F 1 Free Throw Shootout—F 2 p.m. A Word from Tony Evans—AR 2:45 Spinner Dominoes—D	30 8:30 a.m. Devotions 10 a.m. Inquiring Minds—SH 1 p.m. Balloon Ball—F 3 p.m. Dominoes—D	31 8:30 a.m. Devotions 10 a.m. Hall Exercise—SH 10:30 a.m. Sit & Be Fit—F 1:45 a.m. Movie & popcorn—AR	

Health Care Activities

March 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Locations: South—South Dining Room SunR—Sun Room WDR—West Dining Room			1 10 a.m. Table Talk—SunR 3 p.m. Hymn Sing—South	2 Library Day 10 a.m. Music with Life Enrichment 2 p.m. Art & Crafts Group 7 p.m. Manicures	3 2 p.m. Pop & popcorn Movie musical: <i>Won't You Be My Neighbor?</i>	4
5	6 10 a.m. Spirituality Group—SunR 2 p.m. Bethel College Mennonite service—South	7 10 a.m. Chair exercises—SunR 7 p.m. Bingo	8 10 a.m. Table Talk—SunR 3 p.m. Hymn Sing—South	9 10 a.m. Music with Life Enrichment 2 p.m. Art & Crafts Group 7 p.m. Manicures	10 2 p.m. Pop & popcorn—South Science documentary: <i>Our Great National Parks</i>	11
12	13 10 a.m. Spirituality Group—SunR 2 p.m. Bethel College Mennonite service—South 3 p.m. Tie dye project	14 10 a.m. Chair exercises—SunR 2 p.m. Pi Day celebration: Pie sampler—WDR	15 10 a.m. Table Talk—SunR 3 p.m. Hymn Sing—South	16 10 a.m. Music with Life Enrichment 2 p.m. Art & Crafts Group	17 St. Patrick's Day 10:30 a.m. Music with Marie Fiebach—South 2 p.m. Pop & popcorn	18
19	20 10 a.m. Spirituality Group—SunR 2 p.m. Bethel College Mennonite service—South	21 10 a.m. Chair exercises—SunR 7 p.m. Manicures	22 10 a.m. Table Talk—SunR 3 p.m. Hymn Sing—South	23 10 a.m. Music with Life Enrichment 2 p.m. Art & Crafts Group	24 10:30 a.m. Pet Day—WDR 2 p.m. Pop & popcorn	25 Donuts in the morning
26	27 10 a.m. Spirituality Group—SunR 2 p.m. Bethel College Mennonite service—South	28 10 a.m. Chair exercises—SunR 7 p.m. Bingo	29 10 a.m. Table Talk—SunR 3 p.m. Hymn Sing—South	30 10 a.m. Music with Life Enrichment 2 p.m. Art & Crafts Group 7 p.m. Manicures	31 10 a.m. Crazy hat & tea time—Wear your hats! 2 p.m. Pop & popcorn	