

# Assisted Living Activities

## May 2025



| Sunday  | Monday  | Tuesday   | Wednesday   | Thursday   | Friday  | Saturday                                       |
|---|---|---|---|--|---|--|
|   | Locations:<br>AR—Activity Room<br>D—Dining Room<br>F—Foyer<br>KH—Kidron Hall  | SDR—South Dining Room<br>(health care)<br>SH—Sunflower Hall                                   |   | 1<br>10 a.m. Inquiring Minds<br>(AR)<br>11:30 a.m. Visits with<br>Karen (D)<br><br>3 p.m. Dominoes             | 2 <b>Enlite Library Day</b><br>10 a.m. Sit & Be Fit (F)<br>10:30 a.m. Balloon Ball (F)<br><br>1 p.m. Trio Bike rides<br>1:45 p.m. Movie &<br>popcorn (AR) | 3  |
| 4   | 5<br>10 a.m. Hall exercise (SH)<br>10:30 a.m. Sit & Be Fit (F)<br>2 p.m. Bird presentation<br>(KH)<br>2 p.m. Sundae Monday<br>2:15 p.m. Bingo (D) | 6<br>10 a.m. Music with Karen<br>(F)<br><br>2:30 p.m.. Ladies' Tea (D)                        | 7<br>10 a.m. Hall exercise (SH)<br>10:30 a.m. Sit & Be Fit (F)<br><br>3 p.m. Midweek worship<br>(KH)  | 8<br>10 a.m. Inquiring Minds<br>(AR)<br>11:30 a.m. Visits with<br>Karen (D)<br><br>3 p.m. Dominoes             | 9<br>10 a.m. Sit & Be Fit (F)<br>10:30 a.m. Balloon Ball (F)<br><br>1 p.m. Trio Bike rides<br>1:45 p.m. Movie &<br>popcorn (AR)                           | 10   |
| 11  | 12<br>10 a.m. Hall exercise (SH)<br>10:30 a.m. Sit & Be Fit (F)<br><br>2 p.m. Sundae Monday<br>2:15 p.m. Bingo (D)                                | 13<br>10 a.m. Bible study with<br>Karen (AR)<br><br>3 p.m. BCMC gathering<br>(AR)             | 14<br>10 a.m. Hall exercise (SH)<br>10:30 a.m. Sit & Be Fit (F)<br><br>3 p.m. Midweek worship<br>(KH) | 15<br>10 a.m. Inquiring Minds<br>(AR)<br>11:30 a.m. Visits with<br>Karen (D)<br>2 p.m. Resident Council<br>(D) | 16<br>10 a.m. Sit & Be Fit (F)<br>10:30 a.m. Balloon Ball (F)<br><br>1 p.m. Trio Bike rides<br>1:45 p.m. Movie &<br>popcorn (AR)                          | 17<br>8:30 a.m. Donuts from<br>Life Enrichment |
| 18  | 19<br>10 a.m. Hall exercise (SH)<br>10:30 a.m. Sit & Be Fit (F)<br><br>2 p.m. Sundae Monday<br>2:15 p.m. Bingo (D)                                | 20<br>10 a.m. Music with Karen<br>(F)<br><br>2:30 p.m.. Men's group led<br>by Vern Bowers (D) | 21<br>10 a.m. Hall exercise (SH)<br>10:30 a.m. Sit & Be Fit (F)<br><br>3 p.m. Midweek worship<br>(KH) | 22<br>10 a.m. Inquiring Minds<br>(AR)<br><br>2 p.m. "Golden Notes"<br>music performance (KH)                   | 23<br>10 a.m. Sit & Be Fit (F)<br>10:30 a.m. Balloon Ball (F)<br><br>1 p.m. Trio Bike rides<br>1:45 p.m. Movie &<br>popcorn (AR)                          | 24   |
| 25<br>9:30 a.m. Newton<br>Bible Church service i<br>(SDR) | 26 <b>Memorial Day</b><br>10 a.m. Hall exercise (SH)<br>10:30 a.m. Sit & Be Fit (F)<br><br>2 p.m. Sundae Monday<br>2:15 p.m. Bingo (D)            | 27<br>10 a.m. Life Stories game<br>(D)<br><br>3 p.m. Planting or<br>gardening                 | 28<br>10 a.m. Hall exercise (SH)<br>10:30 a.m. Sit & Be Fit (F)<br><br>3 p.m. Midweek worship<br>(KH) | 29<br>10 a.m. Inquiring Minds<br>(AR)<br><br>3 p.m. Birthday party (KH)  | 30<br>10 a.m. Sit & Be Fit (F)<br>10:30 a.m. Balloon Ball (F)<br><br>1 p.m. Trio Bike rides<br>1:45 p.m. Movie &<br>popcorn (AR)<br>3 p.m. Book Club (D)  |  |

# Health Care Activities

## May 2025



| Sunday   | Monday   | Tuesday  | Wednesday  | Thursday  | Friday   | Saturday   |
|--|--|--|--|---|--|--|
|  | <b>Locations</b><br>CIR—Round circle table<br>KH—Kidron Hall<br>NDR—North Dining Room<br>SDR—South Dining Room   |  |  | 1 <b>9:45 a.m.</b> Music with Karen (SDR)<br>1:30 <b>p.m.</b> Balloon Ball (SDR)<br>3 <b>p.m.</b> Women's Bible study (SDR)<br>7 <b>p.m.</b> Air Hockey (WDR) | <b>2 Enlite Library Day</b><br>10 <b>a.m.</b> Sit & Be Fit (SR)<br>2 <b>p.m.</b> Movie & popcorn: <i>Somebody Feed Phil</i> episodes 3 & 4 (SDR)<br>7 <b>p.m.</b> Game Night (WDR) | 3<br>2 <b>p.m.</b> Activity (WDR)  |
| 4<br>9:15 <b>a.m.</b> BCMC worship livestream (SDR)      | 5<br>9:15 <b>a.m.</b> Scrabble (CIR)<br>10 <b>a.m.</b> Sit & Be Fit (SR)<br>2 <b>p.m.</b> Bird presentation (KH)<br>7 <b>p.m.</b> Puzzles (SDR)                                  | 6 9 <b>a.m.</b> Dominoes (CIR)<br>9:30 <b>a.m.</b> Ball exercises<br>1 <b>p.m.</b> Mother's Day tea party (SDR)<br>2:30 <b>p.m.</b> Men's Bible Study (SDR)<br>7 <b>p.m.</b> Bingo (WDR) | 7<br>9 <b>a.m.</b> Trio Bike Rides<br>1:30 <b>p.m.</b> Sit & Be Fit (SR)<br>3 <b>p.m.</b> Worship (KH)<br>7 <b>p.m.</b> Manicures (NDR)      | 8<br>9:45 <b>a.m.</b> Music with Karen (SDR)<br>1:30 <b>p.m.</b> Balloon Ball (SDR)<br>7 <b>p.m.</b> Bowling (WDR)  | 9<br>10 <b>a.m.</b> Sit & Be Fit (SR)<br>2 <b>p.m.</b> Movie & popcorn: <i>Annie</i> (SDR)<br>7 <b>p.m.</b> Game Night (WDR)   | 10<br>2 <b>p.m.</b> Gardening (SWC)  |
| 11<br>9:15 <b>a.m.</b> BCMC worship livestream (SDR)     | 12 9:15 <b>a.m.</b> Scrabble (CIR)<br>10 <b>a.m.</b> Sit & Be Fit (SR)<br>1:30 <b>p.m.</b> Balloon Ball (SDR)<br>2:30 <b>p.m.</b> Ice cream (SDR)<br>7 <b>p.m.</b> Puzzles (SDR) | 13 9 <b>a.m.</b> Dominoes (CIR)<br>9:30 <b>a.m.</b> Watermelon ball<br>1 <b>p.m.</b> Quilt tying (SR)<br>2:30 <b>p.m.</b> Men's Pop & Talk (SDR)<br>7 <b>p.m.</b> Ping Pong Toss (WDR)   | 14<br>9 <b>a.m.</b> Trio Bike Rides<br>1:30 <b>p.m.</b> Sit & Be Fit (SR)<br>3 <b>p.m.</b> Worship (KH)<br>7 <b>p.m.</b> Arts & Crafts (WDR) | 15 9:45 <b>a.m.</b> Music with Karen (SDR)<br>1:30 <b>p.m.</b> Balloon Ball (SDR)<br>3 <b>p.m.</b> Women's Bible study (SDR)<br>7 <b>p.m.</b> Manicures (NDR) | 16<br>9:30 <b>a.m.</b> Sit & Be Fit (SR)<br>10 <b>a.m.</b> Resident Council (SDR)<br>2 <b>p.m.</b> Movie & popcorn: <i>Apollo 13</i> (SDR)<br>7 <b>p.m.</b> Game Night (WDR)       | 17<br>8:30 <b>a.m.</b> Donuts to your Door<br>2 <b>p.m.</b> Cooking Club (WDR) |
| 18<br>9:15 <b>a.m.</b> BCMC worship livestream (SDR)     | 19 9:15 <b>a.m.</b> Scrabble (CIR)<br>10 <b>a.m.</b> Sit & Be Fit (SR)<br>1:30 <b>p.m.</b> Balloon Ball (SDR)<br>2:30 <b>p.m.</b> Ice cream (SDR)<br>7 <b>p.m.</b> Puzzles (SDR) | 20<br>9 <b>a.m.</b> Dominoes (CIR)<br>9:30 <b>a.m.</b> Ball exercises<br>1 <b>p.m.</b> Quilt tying (SR)<br>2:30 <b>p.m.</b> Men's Bible Study (SDR)<br>7 <b>p.m.</b> Manicures (WDR)     | 21<br>9 <b>a.m.</b> Trio Bike Rides<br>1:30 <b>p.m.</b> Sit & Be Fit (SR)<br>3 <b>p.m.</b> Worship (KH)<br>7 <b>p.m.</b> Gardening (SWC)     | 22<br>9:45 <b>a.m.</b> Music with Karen (SDR)<br>2 <b>p.m.</b> Golden Notes performance (KH)<br>7 <b>p.m.</b> Bingo (WDR)                                     | 23<br>10 <b>a.m.</b> Sit & Be Fit (SR)<br>2 <b>p.m.</b> Movie & popcorn: <i>Chitty Chitty Bang Bang</i> (SDR)<br>7 <b>p.m.</b> Game Night (WDR)                                    | 24<br>2 <b>p.m.</b> Activity (WDR)   |
| 25<br>9:15 <b>a.m.</b> Newton Bible Church service (SDR) | 26 <b>Memorial Day</b>   | 27<br>9 <b>a.m.</b> Dominoes (CIR)<br>9:30 <b>a.m.</b> Watermelon ball (SDR)<br>1 <b>p.m.</b> Quilt tying (SR)<br>7 <b>p.m.</b> Bingo (WDR)  | 28<br>9 <b>a.m.</b> Trio Bike Rides<br>1:30 <b>p.m.</b> Sit & Be Fit (SR)<br>3 <b>p.m.</b> Worship (KH)<br>7 <b>p.m.</b> Manicures (NDR)     | 29<br>9:45 <b>a.m.</b> Music with Karen (SDR)<br>1:30 <b>p.m.</b> Balloon Ball (SDR)<br>7 <b>p.m.</b> Cooking Club (WDR)                                      | 30<br>10 <b>a.m.</b> Sit & Be Fit (SR)<br>2 <b>p.m.</b> Birthday party (SDR)<br>7 <b>p.m.</b> Game Night (WDR)   | 31<br>2 <b>p.m.</b> Activity (WDR)   |