

Assisted Living Activities

November 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Locations: AR—Activity Room D—Dining Room F—AL Foyer SH—Sunflower Hall CR—Community Room	1 8:30 a.m. Devotions 8:45 a.m. BCMC service—AR 10 a.m. Music w/ Karen—F 1 p.m. Spirituality Group 2 p.m. Tuesday Trivia 3 p.m. Bible Study	2 8:30 a.m. Devotions 10 a.m. Exercise—SH 10:30 a.m. Sit & Be Fit—F 2 p.m. Worship 2:45 p.m. Spinner Dominoes	3 8:30 a.m. Devotions 10 a.m. Inquiring Minds 3 p.m. Dominoes—D 3 p.m. Faith Menno Service—AR	4 8:30 p.m. Devotions 10 a.m. Hall Exercise—SH 10:30 a.m. Sit & Be Fit—F 2 p.m. Bluestem 10th birthday party	5
6	7 8:30 a.m. Devotions 10 a.m. Exercise—SH 10:30 a.m. Sit & Be Fit 2 p.m. Sundae Monday 2:30 p.m. Bingo 3:15 p.m. Shalom service	8 8:30 a.m. Devotions 8:45 a.m. BCMC service—AR 10 a.m. Music w/ Karen—F 1 p.m. Spirituality Group 2 p.m. Tuesday Trivia 3 p.m. Bible Study	9 8:30 a.m. Devotions 10 a.m. Exercise—SH 10:30 a.m. Sit & Be Fit—F 2 p.m. Worship	10 8:30 a.m. Devotions 10 a.m. Inquiring Minds 3 p.m. Dominoes—D 3 p.m. Faith Menno Service—AR	11 8:30 p.m. Devotions 10 a.m. Hall Exercise—SH 10:30 a.m. Sit & Be Fit—F 1:45 p.m. Movie & popcorn—AR	12
13	14 8:30 a.m. Devotions 10 a.m. Exercise—SH 10:30 a.m. Sit & Be Fit 2 p.m. Sundae Monday 2:30 p.m. Bingo 3:15 p.m. Shalom service	15 8:30 a.m. Devotions 8:45 a.m. BCMC service—AR 10 a.m. Music w/ Karen—F 1 p.m. Spirituality Group 2 p.m. Tuesday Trivia 3 p.m. Bible Study	16 8:30 a.m. Devotions 10 a.m. Exercise—SH 10:30 a.m. Sit & Be Fit—F 2 p.m. Worship 2:45 p.m. Spinner Dominoes	17 8:30 a.m. Devotions 10 a.m. Inquiring Minds 3 p.m. Dominoes—D 3 p.m. Faith Menno Service—AR	18 8:30 p.m. Devotions 10 a.m. Hall Exercise—SH 10:30 a.m. Sit & Be Fit—F 1:45 p.m. Movie & popcorn—AR	19
20	21 8:30 a.m. Devotions 10 a.m. Exercise—SH 10:30 a.m. Sit & Be Fit 2 p.m. Sundae Monday 2:30 p.m. Bingo 3:15 p.m. Shalom service	22 8:30 a.m. Devotions 8:45 a.m. BCMC service 10 a.m. Music w/ Karen—F 1 p.m. Holiday Grief Support Group 2 p.m. Tuesday Trivia 3 p.m. Bible Study	23 8:30 a.m. Devotions 10 a.m. Exercise—SH 10:30 a.m. Sit & Be Fit—F 2 p.m. Worship	24 Happy Thanksgiving	25 8:30 p.m. Devotions 10 a.m. Hall Exercise—SH 10:30 a.m. Sit & Be Fit—F 1:45 p.m. Movie & popcorn—AR	26
27	28 8:30 a.m. Devotions 10 a.m. Exercise—SH 10:30 a.m. Sit & Be Fit 2 p.m. Sundae Monday 2:30 p.m. Bingo 3:15 p.m. Shalom service	29 8:30 a.m. Devotions 8:45 a.m. BCMC service—AR 10 a.m. Music w/ Karen—F 1 p.m. Spirituality Group 2 p.m. Tuesday Trivia 3 p.m. Bible Study	30 8:30 a.m. Devotions 10 a.m. Exercise—SH 10:30 a.m. Sit & Be Fit—F 2 p.m. Worship			

Health Care Activities

November 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Locations: WDR—West Dining Room SDR—South Dining Room Oak—Table in the center square	1 10 a.m. Chair exercises—WDR 2 p.m. Spirituality Group 7 p.m. Game Night—WDR	2 10 a.m. Table Talk—Oak 3 p.m. Midweek worship—SDR	3 10 a.m. Music with Life Enrichment—SDR 2 p.m. Art Group—SDR 7 p.m. Manicures	4 10 a.m. Indoor Planting—WDR 2 p.m. Ella Fitzgerald documentary/musical with popcorn & pop—SDR	5
6	7 10 a.m. Life's a Stitch Group—Oak 2 p.m. BCMC TV 2 p.m. Make peppernuts—SDR 3 p.m. Faith Menno TV	8 10 a.m. Chair exercises—WDR 2 p.m. Spirituality Group 7 p.m. Game Night—WDR	9 10 a.m. Table Talk—Oak 3 p.m. Midweek worship—SDR	10 10 a.m. Music with Life Enrichment—SDR 2 p.m. Art Group—SDR 7 p.m. Manicures	11 10 a.m. Indoor Planting—WDR 2 p.m. Popcorn & pop—SDR	12
13	14 10 a.m. Life's a Stitch Group—Oak 2 p.m. BCMC TV 3 p.m. Faith Menno TV	15 10 a.m. Chair exercises—WDR 2 p.m. Spirituality Group 7 p.m. Game Night—WDR	16 10 a.m. Holiday Grief Support Group—SDR 3 p.m. Midweek worship—SDR	17 10 a.m. Music with Life Enrichment—SDR 2 p.m. Art Group—SDR 7 p.m. Manicures	18 10 a.m. Cooking chili demo—WDR 2 p.m. Resident Council—WDR 3 p.m. Chili tasting—WDR	19
20	21 10 a.m. Life's a Stitch Group—Oak 2 p.m. BCMC TV 2 p.m. Make peppernuts—SDR 3 p.m. Faith Menno TV	22 10 a.m. Chair exercises—WDR 2 p.m. Spirituality Group 7 p.m. Jeopardy Night—SDR	23 10 a.m. Table Talk—Oak 3 p.m. Midweek worship—SDR	24 Happy Thanksgiving	25 10 a.m. Manicures—Oak	26 10 a.m. Last Saturday donuts—WDR
27	28 10 a.m. Life's a Stitch Group—Oak 2 p.m. BCMC TV 3 p.m. Faith Menno TV	29 10 a.m. Chair exercises—WDR 2 p.m. Spirituality Group 7 p.m. Bingo—SDR	30 10 a.m. Table Talk—Oak 3 p.m. Midweek worship—SDR			