

Assisted Living Activities

OCTOBER 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Locations: AR=Activity Room D=Dining Room F=AL Foyer SH=Sunflower Hall MHC-Menno Hall CY-Courtyard				1 9:30 EXERCISE-SH 10 SIT & BE FIT-F 1:45 MOVIE & POPCORN	2
3	4 9:30 EXERCISE-SH 10 SIT & BE FIT-F 2 SUNDAE MONDAY-D 2:30 BINGO-D	5 10 EXPLORING MUSIC-F 2 TUESDAY TRIVIA-D 3 BIBLE STUDY-D	6 9:30 EXERCISE-SH 10 SIT & BE FIT-F 1:30 PUMPKIN PAINTING 3:30 WORSHIP- MHC	7 10 WOMEN & MEN'S GROUPS- AR & D 1:15 BALLOON BALL-F 2 DOMINOES-D 2-4 ART GR-WDR 3-WRITING GROUP-D	8 9:30 EXERCISE-SH 10 SIT & BE FIT-F 1:45 MOVIE & POPCORN	9
10	11 9:30 EXERCISE-SH 10 SIT & BE FIT-F 2 SUNDAE MONDAY-D 2:30 BINGO-D	12 10 EXPLORING MUSIC-F 2 TUESDAY TRIVIA-D 3 TRIO BIKE RIDES	13 9:30 EXERCISE-SH 10 SIT & BE FIT-F 1:30 FALL PARTY 3:30 WORSHIP- MHC	14 VACCINATION CLINIC 10 WOMEN & MEN'S GROUPS- AR & D 1:15 BALLOON BALL-F 2 DOMINOES-D 2-4 ART GR-WDR 3-WRITING GROUP-D	15 9:30 EXERCISE-SH 10 SIT & BE FIT-F1 1:45 MOVIE & POPCORN	16
17	18 9:30 EXERCISE-SH 10 SIT & BE FIT-F 2 SUNDAE MONDAY-D 2:30 BINGO-D	19 10 EXPLORING MUSIC-F 2 TUESDAY TRIVIA -D 3 BIBLE STUDY-D	20 9:30 EXERCISE-SH 10 SIT & BE FIT-F 3:30 WORSHIP- MHC	21 10 WOMEN & MEN'S GROUPS- AR & D 1:15 BALLOON BALL-F 2 DOMINOES-D 2-4 ART GR-WDR 3 WRITING GROUP-D	22 9:30 EXERCISE-SH 10 SIT & BE FIT-F 1:45 MOVIE & POPCORN	23
24/31	25 9:30 EXERCISE-SH 10 SIT & BE FIT-F 2 SUNDAE MONDAY-D 2:30 BINGO-D	26 10 EXPLORING MUSIC-F 2 TUESDAY TRIVIA-D 3 TRIO BIKE	27 9:30 EXERCISE-SH 10 SIT & BE FIT-F 1:30 FALL FUN 3:30 WORSHIP- MHC	28 10 WOMEN & MEN GR 1:15 BALLOON BALL-F 2 DOMINOES-D 2-4 ART GR -WDR 3-WRITING GROUP-D 3:30 RESIDENT COUNCIL-D	29 9:30 EXERCISE-SH 10 SIT & BE FIT-F 1:45 MOVIE & POPCORN	30

Health Care Activities

October 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 10 a.m. German talk & zwiabach 2 p.m. Nail painting—WDR	WDR—West Dining Room MH—Menno Hall Locations and times subject to change.				1 10 a.m. Outdoor time 2 p.m. Popcorn & pop—WDR 3 p.m. Documentary	2 10 a.m. Balloon Ball—WDR 6 p.m. Watch Bethel College Football game—WDR
3 10 a.m. Outdoor time 2 p.m. Nail painting—WDR	4 2:30 p.m. Cold treats—WDR 3 p.m. BCMC TV service 4 Faith TV service	5 10 a.m. Wheel of Fortune—WDR 2 p.m. Book Club: <i>Anne of Avonlea</i> 7 p.m. Game Night—WDR	6 10 a.m. Chair stretches with Lori—WDR 2 p.m. or 3:30 p.m. Midweek worship—MH	7 10 a.m. Hymn Sing—WDR 2 p.m. Art Group—WDR	8 10 a.m. Outdoor time 2 p.m. Popcorn & pop—WDR	9
10 10 a.m. Outdoor time 2 p.m. Nail painting—WDR	11 2:30 p.m. Cold treats—WDR 3 p.m. BCMC TV service 4 Faith TV service 3:30 Faith TV service	12 10 a.m. MCC pencil wrapping service project—WDR 2 p.m. Book Club: <i>Anne of Avonlea</i> 7 p.m. Game Night—WDR	13 10 a.m. Chair stretches with Lori—WDR 2 p.m. or 3:30 p.m. Midweek worship—MH	14 10 a.m. Menu & activity brainstorming—WDR 2 p.m. Art Group—WDR 7 p.m. Floral arranging—WDR	15 10 a.m. Giant crosswords—WDR 2 p.m. Live music with Lori & Cortnie—WDR 2:30 p.m. Popcorn & pop	16
17 10 a.m. Outdoor time 2 p.m. Nail painting—WDR	18 2:30 p.m. Cold treats—WDR 3 p.m. BCMC TV service 4 Faith TV service 3:30 Faith TV service	19 10 a.m. Mini pumpkin painting—WDR 2 p.m. Book Club: <i>Anne of Avonlea</i> 7 p.m. Game Night—WDR	20 10 a.m. Chair stretches with Lori—WDR 2 p.m. or 3:30 p.m. Midweek worship—MH	21 10 a.m. Hymn Sing—WDR 2 p.m. Art Group—WDR 7 p.m. Floral arranging—WDR	22 10 a.m. Giant crosswords—WDR 2 p.m. Culture food cook—WDR	23
24 10 a.m. Outdoor time 2 p.m. Nail painting—WDR	25 2:30 p.m. Cold treats—WDR 3 p.m. BCMC TV service 4 Faith TV service	26 10 a.m. Pumpkin bowling—WDR 2 p.m. Book Club: <i>Anne of Avonlea</i> 7 p.m. Bingo Night—WDR	27 10 a.m. Chair stretches with Lori—WDR 2 p.m. or 3:30 p.m. Midweek worship—MH	28 10 a.m. Peppernuts bake & cider—WDR 2 p.m. Chili cook off—WDR 3 p.m. Birthday party 7 p.m. Movie Night—WDR	29 10 a.m. Outside time 2 p.m. Resident Council 3 p.m. Live music with Lori & Cortnie—WDR	30 10 a.m. Donuts with friends—WDR