

Assisted Living Activities

October 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>1 10 a.m. Music with Karen</p> <p>2:30 p.m. Games</p>	<p>2 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F</p> <p>3 p.m. Midweek worship—KH</p>	<p>3 10 a.m. Inquiring minds or hymn sing in HC South Dining Room 11:30 a.m. Visits with Karen</p> <p>Taste of Newton</p>	<p>4 9 a.m. TrioBike rides 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F</p> <p>1:45 p.m. Friday movie and popcorn</p>	<p>5 7 to 10 a.m. Country Breakfast—KH</p>
6	<p>7 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F</p> <p>2 p.m. Sundae Monday—D 2:15 p.m. Bingo—D</p>	<p>8 10 a.m. Bible study</p> <p>2:30 p.m. Men's group led by Vern Bowers 2:30 p.m. Wreath class</p>	<p>9 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F</p> <p>3 p.m. Midweek worship—KH</p>	<p>10 9 a.m. Coffee with Coaches—KH 10 a.m. Inquiring minds or hymn sing in HC South Dining Room 11:30 a.m. Visits with Karen</p>	<p>11 9 a.m. TrioBike rides 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F</p> <p>1:45 p.m. Friday movie and popcorn</p>	12
13	<p>14 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F</p> <p>2 p.m. Sundae Monday—D 2:15 p.m. Bingo—D</p>	<p>15 10 a.m. Music with Karen</p> <p>3 p.m. Bethel College Mennonite Church</p>	<p>16 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F</p> <p>3 p.m. Midweek worship—KH</p>	<p>17 10 a.m. Inquiring minds or hymn sing in HC South Dining Room 11:30 a.m. Visits with Karen</p> <p>2 p.m. Resident Council</p>	<p>18 8:30 a.m. to 1 p.m. Senior Olympics</p> <p>1:45 p.m. Friday movie and popcorn</p>	19
20	<p>21 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F</p> <p>2 p.m. Sundae Monday—D 2:15 p.m. Bingo—D</p>	<p>22 10 a.m. Living Well 11 a.m. Back Alley Pizza lunch</p> <p>3 p.m. Getting to know you</p>	<p>23 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F</p> <p>3 p.m. Midweek worship—KH</p>	<p>24 10 a.m. Inquiring minds or hymn sing in HC South Dining Room</p>	<p>25 9 a.m. TrioBike rides 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F</p> <p>1:45 p.m. Friday movie and popcorn</p>	26
27	<p>28 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F</p> <p>2 p.m. Sundae Monday—D 2:15 p.m. Bingo—D</p>	<p>29 10 a.m. Music with Karen</p> <p>2:30 p.m. Ladies' tea</p>	<p>30 9:30 a.m. Halloween parade 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F</p> <p>3 p.m. Midweek worship—KH</p>	<p>31 10 a.m. Inquiring minds or hymn sing in HC South Dining Room 11:30 a.m. Visits with Karen</p>	<p>Locations: AR—Activity Room D—Dining Room F—AL Foyer</p>	<p>HCSD—Health Care South Dining Room KH—Kidron Hall SH—Sunflower Hall</p>

Health Care Activities

October 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>1 9 a.m. Dominoes—CIR 9:30 a.m. Pool noodle hockey—SDR 1:30 p.m. Quilt tying—SR 2:30 p.m. Craft or outdoor time—SWC 7 p.m. Bingo—SDR</p>	<p>2 9:30 a.m. Musical chair exercises—SDR Noon TrioBike rides 3 p.m. Midweek worship—KH 7 p.m. Arts & crafts—SDR</p>	<p>3 9:45 a.m. Music with Karen—SDR 1:30 p.m. Balloon Ball—SDR 3 p.m. Women's Bible study—SDR 7 p.m. Manicures</p>	<p>4 Enlite Library Day 9:30 a.m. Sit & Be Fit—SR 2 p.m. Popcorn, pop & movie: <i>The Last Laugh</i>—SDR 7 p.m. Game night—WDR</p>	<p>5 7 to 10 a.m. Country Breakfast—KH 2 p.m. Activity—WDR</p>
6 9:15 a.m. BCMC live stream	<p>7 9:15 a.m. Scrabble with Meta—CIR 10 a.m. Sit & Be Fit—SR 1:30 p.m. Balloon ball—SDR 2:30 p.m. Ice cream—SDR 7 p.m. Puzzles—SDR</p>	<p>8 9 a.m. Dominoes—CIR 9:30 a.m. Pool noodle hockey—SDR 1:30 p.m. Quilt tying—SR 2:30 p.m. Craft or outdoor time—SWC 7 p.m. Bingo—SDR</p>	<p>9 9:30 a.m. Musical chair exercises—SDR Noon TrioBike rides 3 p.m. Midweek worship—KH 7 p.m. Manicures—NDR</p>	<p>10 9:45 a.m. Music with Karen—SDR 1:30 p.m. Balloon Ball—SDR 2:30 p.m. Men's pop & talk—SR 7 p.m. Cooking club—WDR</p>	<p>11 9:30 a.m. Sit & Be Fit—SR 2 p.m. Popcorn, pop & movie: <i>Living with Leopards</i>—SDR 7 p.m. Game night—WDR</p>	<p>12 2 p.m. Activity—WDR</p>
13 9:15 a.m. BCMC live stream	<p>14 9:15 a.m. Scrabble with Meta—CIR 10 a.m. Sit & Be Fit—SR 1:30 p.m. Balloon ball—SDR 2:30 p.m. Ice cream—SDR 7 p.m. Puzzles—SDR</p>	<p>15 9 a.m. Dominoes—CIR 9:30 a.m. Pool noodle hockey—SDR 1:30 p.m. Quilt tying—SR 2:30 p.m. Craft or outdoor time—SWC 7 p.m. Bingo—SDR</p>	<p>16 9:30 a.m. Musical chair exercises—SDR Noon TrioBike rides 3 p.m. Midweek worship—KH 7 p.m. Arts & crafts—SDR</p>	<p>17 9:45 a.m. Music with Karen—SDR 1:30 p.m. Balloon Ball—SDR 3 p.m. Women's Bible study—SDR 7 p.m. Manicures</p>	<p>18 8:30 a.m. to 1 p.m. Senior Olympics 7 p.m. Game night—WDR</p>	<p>19 8:30 a.m. Donuts to your Door 2 p.m. Activity—WDR</p>
20 9:15 a.m. BCMC live stream	<p>21 9:15 a.m. Scrabble with Meta—CIR 10 a.m. Sit & Be Fit—SR 1:30 p.m. Balloon ball—SDR 2:30 p.m. Ice cream—SDR 7 p.m. Puzzles—SDR</p>	<p>22 9 a.m. Dominoes—CIR 9:30 a.m. Pool noodle hockey—SDR 1:30 p.m. Quilt tying—SR 2:30 p.m. Craft or outdoor time—SWC 7 p.m. Kidron Square—WDR</p>	<p>23 9:30 a.m. Musical chair exercises—SDR Noon TrioBike rides 3 p.m. Midweek worship—KH 7 p.m. Manicures—NDR</p>	<p>24 9:45 a.m. Arts & crafts—SDR 1:30 p.m. Balloon ball—SDR 7 p.m. Cooking club—WDR</p>	<p>25 9:30 a.m. Sit & Be Fit—SR 10 a.m. Resident Council—SR 2 p.m. Birthday party—SDR 7 p.m. Game night—WDR</p>	<p>26 2 p.m. Activity—WDR</p>
27 9:15 a.m. BCMC live stream	<p>28 9:15 a.m. Scrabble with Meta—CIR 10 a.m. Sit & Be Fit—SR 1:30 p.m. Balloon ball—SDR 2:30 p.m. Ice cream—SDR 7 p.m. Puzzles—SDR</p>	<p>29 9 a.m. Dominoes—CIR 9:30 a.m. Pool noodle hockey—SDR 1:30 p.m. Quilt tying—SR 2:30 p.m. Music performance—SDR 7 p.m. Bingo—SDR</p>	<p>30 9:30 a.m. Halloween parade 1:15 p.m. Musical chair exercises—SDR 3 p.m. Midweek worship—KH 7 p.m. Arts & crafts—SDR</p>	<p>31 9:45 a.m. Music with Karen—SDR 1:30 p.m. Balloon Ball—SDR 7 p.m. Manicures</p>	<p>Locations: WDR—West Dining Room SDR—South Dining Room KH—Kidron Hall SR—Sun Room CIR—Round circle table HC—Front entrance NDR—North Dining Room</p>	<p>SWC—Southwest Courtyard CA—Classroom A</p>