

Assisted Living Activities

September 2022



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|------------------------|---|--|--|---|---|----------|
| WDR = West Dining Room | | | | 1 8:30 a.m. Devotions—D 10 a.m. Inquiring Minds 2 p.m. Balloon Ball—F 3 p.m. Dominoes—D 3 p.m. Faith Mennonite service—AR | 2 10 a.m. Hall Exercise—SH 10:30 a.m. Sit & Be Fit—F 1:45 p.m. Movie & popcorn—AR | 3 |
| 4 | 5 8:30 a.m. Devotions—D 10 a.m. Exercise—SH 10:30 Sit & Be Fit—F 2 Sundae Monday—D 2:30 p.m. Bingo—D 3:15 Shalom service | 6 8:30 a.m. Devotions—D 9 a.m. BCMC service—AR 10 Music with Karen—F 2 p.m. Tuesday Trivia—D 3 Spinner Dominoes—D 3 p.m. Bible Study | 7 8:30 a.m. Devotions—D 10 a.m. Exercise—SH 10:30 a.m. Sit & Be Fit—F 2 p.m. Worship—F 3 p.m. Get to know you happy hour—D | 8 8:30 a.m. Devotions—D 10 a.m. Inquiring Minds 2 p.m. Balloon Ball—F 3 p.m. Dominoes—D 3 p.m. Faith Mennonite service—AR | 9 10 a.m. Hall Exercise—SH 10:30 a.m. Sit & Be Fit—F 1:45 p.m. Movie & popcorn—AR | 10 |
| 11 | 12 8:30 a.m. Devotions—D 10 a.m. Exercise—SH 10:30 Sit & Be Fit—F 2 Sundae Monday—D 2:30 p.m. Bingo—D 3:15 Shalom service | 13 8:30 a.m. Devotions—D 9 a.m. BCMC service—AR 10 Music with Karen—F 2 p.m. Tuesday Trivia—D 3 p.m. Bible Study | 14 8:30 a.m. Devotions—D 10 a.m. Exercise—SH 10:30 a.m. Sit & Be Fit—F 2 p.m. Worship—F | 15 8:30 a.m. Devotions—D 10 a.m. Inquiring Minds 2 p.m. Balloon Ball—F 2 p.m. Dominoes—D 3 p.m. Resident Council—D | 16 10 a.m. Hall Exercise—SH 10:30 a.m. Sit & Be Fit—F 1:45 p.m. Movie & popcorn—AR | 17 |
| 18 | 19 8:30 a.m. Devotions—D 10 a.m. Exercise—SH 10:30 Sit & Be Fit—F 2 Sundae Monday—D 2:30 p.m. Bingo—D 3:15 Shalom service | 20 8:30 a.m. Devotions—D 9 a.m. BCMC service—AR 10 Music with Karen—F 2 p.m. Tuesday Trivia—D 3 Spinner Dominoes—D 3 p.m. Bible Study | 21 8:30 a.m. Devotions—D 10 a.m. Exercise—SH 10:30 a.m. Sit & Be Fit—F 2 p.m. Worship—F 3 p.m. Get to know you happy hour—D | 22 8:30 a.m. Devotions—D 10 a.m. Inquiring Minds 2 p.m. Balloon Ball—F 3 p.m. Dominoes—D 3 p.m. Faith Mennonite service—AR | 23 10 a.m. Hall Exercise—SH 10:30 a.m. Sit & Be Fit—F 1:45 p.m. Movie & popcorn—AR | 24 |
| 25 | 26 8:30 a.m. Devotions—D 10 a.m. Exercise—SH 10:30 Sit & Be Fit—F 2 Sundae Monday—D 2:30 p.m. Bingo—D 3:15 Shalom service | 27 8:30 a.m. Devotions—D 9 a.m. BCMC service—AR 10 Music with Karen—F 1 p.m. DEI—Comm. Room 2 p.m. Tuesday Trivia—D 3 p.m. Bible Study | 28 8:30 a.m. Devotions—D 10 a.m. Exercise—SH 10:30 a.m. Sit & Be Fit—F 2 p.m. Worship—F | 29 8:30 a.m. Devotions—D 10 a.m. Inquiring Minds 2 p.m. Balloon Ball—F 3 p.m. Dominoes—D 3 p.m. Faith Mennonite service—AR | 30 10 a.m. Hall Exercise—SH 10:30 a.m. Sit & Be Fit—F 1:45 p.m. Movie & popcorn—AR | |

Health Care Activities

September 2022



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|---|--|---|--|---|--|
| | | | | 1 10 a.m. Music with Life Enrichment 2 p.m. Art Group 7 p.m. Manicures | 2 2 p.m. Movie musical: <i>The Music Man</i> (1962) with popcorn and pop | 3 |
| 4 | 5 10 a.m. Floral arranging 2 p.m. BCMC TV 3 p.m. Faith Menno TV | 6 10 a.m. Outdoor time 7 p.m. Open Game Night | 7 10 a.m. Chair exercises with Lori 3 p.m. Midweek Worship-WDR | 8 10 a.m. Music with Life Enrichment 2 p.m. Art Group 7 p.m. Manicures | 9 2 p.m. Docuseries: <i>Somebody Feed Phil</i> —with popcorn and pop | 10 |
| 11 | 12 10 a.m. Floral arranging 2 p.m. BCMC TV 3 p.m. Faith Menno TV | 13 10 a.m. Outdoor time 7 p.m. Open Game Night | 14 10 a.m. Chair exercises with Lori 3 p.m. Midweek Worship-WDR | 15 10 a.m. Music with Life Enrichment 2 p.m. Art Group 7 p.m. Manicures | 16 3 p.m. Coffee House live music | 17 |
| 18 | 19 10 a.m. Life's a "stitch" embroidering, knitting, etc. 2 p.m. BCMC TV 3 p.m. Faith Menno TV | 20 10 a.m. Outdoor time 7 p.m. Jeopardy Night | 21 10 a.m. Chair exercises with Lori 3 p.m. Midweek Worship-WDR | 22 10 a.m. Music with Life Enrichment 2 p.m. Art Group 7 p.m. Manicures | 23 2 p.m. Resident Council with Faspa following | 24 Last Saturday of the month DONUTS in south dining room |
| 25 | 26 10 a.m. Tea Time 2 p.m. BCMC TV 3 p.m. Faith Menno TV | 27 10 a.m. Outdoor time 7 p.m. Bingo Night | 28 10 a.m. Chair exercises with Lori 3 p.m. Midweek Worship-WDR | 29 10 a.m. Music with Life Enrichment 2 p.m. Art Show 7 p.m. Manicures | 30 2 p.m. Docuseries: <i>Somebody Feed Phil</i> —with popcorn and pop | |