


Assisted Living Activities

September 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>***ASK YOLANDA IF YOU ARE INTERESTED IN GETTING MONTHLY LIBRARY BOOKS WITHOUT LEAVING THE BUILDING.</p>		<p>1 9:30 EXERCISE-SH 10 SIT & BE FIT-F 1:30 GROUP GAMES-D 2:30 WOSHIP-MHC</p>	<p>2 ENLIGHT BOOK PICK UP AND DELIVERY*** 10 MANICURES-AR 1:15 BALLOON BALL-F 2 DOMINOES-D 3 WRITING GROUP-D</p>	<p>3 8:30 BUS TO WALMART 9:30 EXERCISE-SH 10 SIT & BE FIT-F 1:45 MOVIE & POPCORN</p>	<p>4</p>
5	<p>6 LABOR DAY 9:30 EXERCISE-SH 10 SIT & BE FIT-F 2 SUNDAE MONDAY-D 2:30 BINGO-D</p>	<p>7 8:30 TRIO BIKE RIDES-F 10 MUSIC-F 2 TUESDAY TRIVIA-D 3 BIBLE STUDY-D</p>	<p>8 9:30 EXERCISE-SH 10 SIT & BE FIT-F 1:30 CREATE***-D 2:30 WOSHIP-MHC</p>	<p>9 1:15 BALLOON BALL-F 2 DOMINOES-D 3 WRITING GROUP-D</p>	<p>10 8:30 BUS TO DILLONS 9:30 EXERCISE-SH 10 SIT & BE FIT-F 1:45 MOVIE & POPCORN</p>	<p>11</p>
12	<p>13 9:30 EXERCISE-SH 10 SIT & BE FIT-F 2 SUNDAE MONDAY-D 2:30 BINGO-D</p>	<p>14 8:30 TRIO BIKE RIDES-F 10 MUSIC-F 2 TUESDAY TRIVIA-D</p>	<p>15 9:30 EXERCISE-SH 10 SIT & BE FIT-F 1:30 GROUP GAMES-D 2:30 WOSHIP-MHC</p>	<p>16 10 LAUGHTER GROUP 1:15 BALLOON BALL-F 2 DOMINOES-D 3 WRITING GROUP-D 3:30 RESIDENT COUNCIL-D</p>	<p>17 8:30 BUS TO WALMART 9:30 EXERCISE-SH 10 SIT & BE FIT-F 1:45 MOVIE & POPCORN</p>	<p>18</p>
19	<p>20 9:30 EXERCISE-SH 10 SIT & BE FIT-F 2 SUNDAE MONDAY-D 2:30 BINGO-D</p>	<p>21 8:30 TRIO BIKE RIDES-F 10 MUSIC-F 2 TUESDAY TRIVIA -D 3 BIBLE STUDY-D</p>	<p>22 9:30 EXERCISE-SH 10 SIT & BE FIT-F 1:30 CREATE***-D 2:30 WOSHIP-MHC</p>	<p>23 1:15 BALLOON BALL-F 2 DOMINOES-D 3 WRITING GROUP-D</p>	<p>24 8:30 BUS TO DILLONS 9:30 EXERCISE-SH 10 SIT & BE FIT-F 1:45 MOVIE & POPCORN</p>	<p>25</p>
<p>26 CARNIVAL WEEK </p>	<p>27 9:30 EXERCISE-SH 10 SIT & BE FIT-F 10 FISH BOWL GAMES-HC 2 SUNDAE MONDAY-D 2:30 BINGO-D</p>	<p>28 8:30 TRIO BIKE RIDES-F 10 BOWLING -F 2 TUESDAY TRIVIA-D 2 ART SHOW & FUNNEL CAKES-HC</p>	<p>29 9:30 EXERCISE-SH 10 SIT & BE FIT-F 1 PASTRY WALK-F 2:30 WOSHIP-MHC</p>	<p>30 1:15 BALLOON BALL-F 10 ANIMALS & POPCORN-CY 2 DOMINOES-D 3 WRITING GROUP-D 4 GROUND BREAKING</p>		<p>Locations: AR=Activity Room D=Dining Room F=AL Foyer SH=Sunflower Hall HC=Health Care CY=Courtyard</p>

Health Care Activities

September 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>WDR—West Dining Room AL—Assisted Living</p> <p>Locations and times subject to change.</p>	<p>Community gardening in the courtyards after 4 p.m. on Mondays and Thursdays</p>	<p>1 10 a.m. Chair stretches with Lori—WDR 2 p.m. Midweek worship—WDR</p>	<p>2 10 a.m. Hymn Sing—WDR 7 p.m. Floral arranging—WDR</p>	<p>3 10 a.m. Happy Feet Walking Club 2 p.m. Movie: <i>Mary Poppins</i> with popcorn and pop—WDR</p>	<p>4 10 a.m. Balloon Ball—WDR</p>
<p>5 10 a.m. Outdoor time with Destiny 2 p.m. Nail painting—WDR</p>	<p>6 10 a.m. Music & Movement—WDR 2 p.m. Cold treats 2:30 p.m. BCMC TV service 3:30 Faith TV service</p>	<p>7 10 a.m. Kite flying—outside of WDR 7 p.m. Game Night—WDR</p>	<p>8 10 a.m. Chair stretches with Lori—WDR 2 p.m. Midweek worship—WDR</p>	<p>9 10 a.m. Hymn Sing—outdoors 2 p.m. Art Group—WDR 7 p.m. Floral arranging—WDR</p>	<p>10 10 a.m. Happy Feet Walking Club 2 p.m. Live music with Cortnie and Lori—WDR</p>	<p>11 10 a.m. Balloon Ball—WDR</p>
<p>12 10 a.m. Outdoor time with Destiny 2 p.m. Nail painting—WDR</p>	<p>13 10 a.m. Music & Movement—WDR 2 p.m. Cold treats 2:30 p.m. BCMC TV service 3:30 Faith TV service</p>	<p>14 10 a.m. Brain Games—WDR 7 p.m. Game Night—WDR</p>	<p>15 2 p.m. MCC Pencil Wrapping—WDR</p>	<p>16 10 a.m. Musical: <i>The Wizard of Oz</i> 2 p.m. Art Group—WDR 7 p.m. Floral arranging—WDR</p>	<p>17 10 a.m. Happy Feet Walking Club 2 p.m. Popcorn & pop—WDR</p>	<p>18 10 a.m. Balloon Ball—WDR</p>
<p>19 10 a.m. German talk with Destiny 2 p.m. Nail painting—WDR</p>	<p>20 10 a.m. Music & Movement—WDR 2 p.m. Cold treats 2:30 p.m. BCMC TV service 3:30 Faith TV service</p>	<p>21 10 a.m. MCC Pencil Wrapping—WDR 7 p.m. Game Night—WDR</p>	<p>22 10 a.m. Chair stretches with Lori—WDR 2 p.m. Midweek worship—WDR</p>	<p>23 10 a.m. Floral arranging—WDR 2 p.m. Art Group—WDR</p>	<p>24 10 a.m. Happy Feet Walking Club 2 p.m. Resident Council—WDR 3 p.m. Fall sing-a-long with Lori & Cortnie—WDR</p>	<p>25 10 a.m. Donuts with friends—WDR</p>
<p>26 10 a.m. Outdoor time with Destiny 2 p.m. Nail painting—WDR</p>	<p>27 Carnival Week 10 a.m. Fish bowl games—WDR 2 p.m. Cold treats 2:30 p.m. BCMC service 3:30 Faith TV service</p>	<p>28 10 a.m. Bowling—AL 2 p.m. Art Show & Veggie show with funnel cakes following 7 p.m. Bingo—WDR</p>	<p>29 10 a.m. Chair stretches with Lori—WDR 1 p.m. Pastry Walk 2 p.m. Midweek worship—WDR</p>	<p>30 10 a.m. View animals and popcorn treat—outdoors 3 p.m. September birthday party—WDR 7 p.m. Movie Night -WDR</p>		