

# Assisted Living Activities

# September 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 2 p.m. Sundae Monday—D 2:15 p.m. Bingo—D	3 10 a.m. Music with Karen	4 8:45 a.m. Life Enrichment at Bethel College 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F 3 p.m. Worship—KH	5 10 a.m. Inquiring minds or hymn sing in health care or South Dining Room	6 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F 1:45 p.m. Friday movie and popcorn Visits with Karen	7
8	9 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F  2 p.m. Sundae Monday—D 2:15 p.m. Bingo—D	10 10 a.m. Living Well with Karen  3 p.m. BCMC gathering—AR	11 8:45 a.m. Life Enrichment at Bethel College 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F  3 p.m. Worship—KH	12 10 a.m. Inquiring minds or hymn sing in health care or South Dining Room	13 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F 1:45 p.m. Friday movie and popcorn Visits with Karen	14
15	16 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F  2 p.m. Sundae Monday—D 2:15 p.m. Bingo—D	17 10 a.m. Music with Karen  2:30 p.m. Men's group led by Vern Bowers—D	18 <b>Maxwell Game Preserve trip</b> 8:45 a.m. Life Enrichment at Bethel College 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F 3 p.m. Worship—KH	19 10 a.m. Inquiring minds or hymn sing in health care or South Dining Room  2 p.m. Resident Council	20 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F 1:45 p.m. Friday movie and popcorn Visits with Karen	21
22	23 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F  2 p.m. Sundae Monday—D 2:15 p.m. Bingo—D	24 10 a.m. Group time with Karen  2:30 p.m. Ladies tea	25 8:45 a.m. Life Enrichment at Bethel College 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F 3 p.m. Worship—KH	26 10 a.m. Inquiring minds or hymn sing in health care or South Dining Room	27 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F 1:45 p.m. Friday movie and popcorn Visits with Karen	28
29	30 10 a.m. Hall exercise—SH 10:30 a.m. Sit & Be Fit—F  2 p.m. Sundae Monday—D 2:15 p.m. Bingo—D				<b>Locations:</b> AR—Activity Room D—Dining Room F—AL Foyer	HCSD—Health Care South Dining Room KH—Kidron Hall SH—Sunflower Hall

# Health Care Activities

# September 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:15 a.m. BCMC worship live stream (Localized to halls)	2 No activities	3 9 a.m. Dominoes—CIR 9:30 a.m. Lemonade in the shade or table games 1:30 p.m. Musical pass the ball—SDR 7 p.m. Bingo—SDR	4 9 to 11 a.m. Triobike rides 1:15 p.m. Musical chair exercises—SDR 3 p.m. Worship—KH 7 p.m. Arts & crafts—SDR	5 10 a.m. Music with Karen—SDR 1:30 Balloon ball—SDR 3 p.m. Women's Bible study—SDR 7 p.m. Manicures	6 9:30 a.m. Sit & Be Fit—SR 2 p.m. Popcorn, pop & movie <i>Our Souls at Night</i> —SDR 7 p.m. Game night—WDR	7 2 p.m. Activity—WDR
8 9:15 a.m. BCMC worship live stream (Localized to halls)	9 9:15 a.m. Scrabble—CIR 10 a.m. Sit & Be Fit—SR 1:30 p.m. Balloon ball—SDR 2:30 p.m. Ice cream—SDR 7 p.m. Puzzles—SDR	10 9 a.m. Dominoes—CIR 9:30 a.m. Lemonade in the shade or table games 1:30 p.m. Pool noodle hockey—SDR 7 p.m. Bingo—WDR	11 9 to 11 a.m. Triobike rides 1:15 p.m. Musical chair exercises—SDR 3 p.m. Worship—KH 7 p.m. Manicures—NDR	12 10 Music with Karen—SDR 1:30 Balloon ball—SDR 3 p.m. Every Quilt Tells a Story presentation—KH 7 p.m. Memory games—WDR	13 9:30 a.m. Sit & Be Fit—SR 2 p.m. Popcorn, pop & movie <i>The Blind Side</i> —SDR 7 p.m. Game night—WDR	14 2 p.m. Activity—WDR
15 9:15 a.m. BCMC worship live stream (Localized to halls)	16 9:15 a.m. Scrabble—CIR 10 a.m. Sit & Be Fit—SR 1:30 p.m. Balloon ball—SDR 2:30 p.m. Ice cream—SDR 7 p.m. Puzzles—SDR	17 9 a.m. Dominoes—CIR 9:30 a.m. Lemonade in the shade or table games 1:30 p.m. Musical pass the ball—SDR 7 p.m. Bingo—SDR	18 9 to 11 a.m. Triobike rides 1:15 p.m. Musical chair exercises—SDR 3 p.m. Worship—KH 7 p.m. Arts & crafts—SDR	19 10 a.m. Music with Karen—SDR 1:30 Balloon ball—SDR 3 p.m. Women's Bible study—SDR 7 p.m. Manicures	20 9:30 a.m. Sit & Be Fit—SR 2 p.m. Birthday party—SDR 7 p.m. Game night—WDR	21 8:30 a.m. Donuts to your door 2 p.m. Activity—WDR
22 9:15 a.m. BCMC worship live stream (Localized to halls)	23 9:15 a.m. Scrabble—CIR 10 a.m. Sit & Be Fit—SR 1:30 p.m. Balloon ball—SDR 2:30 p.m. Ice cream—SDR 7 p.m. Puzzles—SDR	24 9 a.m. Dominoes—CIR 9:30 a.m. Lemonade in the shade or table games 1:30 p.m. Pool noodle hockey—SDR 7 p.m. Kidron Square—WDR	25 9 to 11 a.m. Triobike rides 1:15 p.m. Musical chair exercises—SDR 3 p.m. Worship—KH 7 p.m. Manicures—NDR	26 10 a.m. Music with Karen—SDR 1:30 p.m. Balloon ball—SDR 7 p.m. Memory games—WDR	27 9:30 a.m. Sit & Be Fit 10 a.m. Resident Council—SR 2 p.m. Popcorn, pop & movie <i>Our Great National Parks</i> —SDR 7 p.m. Game night—WDR	28 2 p.m. Activity—WDR
29 9:15 a.m. BCMC worship live stream (Localized to halls)	30 9:15 a.m. Scrabble—CIR 10 a.m. Sit & Be Fit—SR 1:30 p.m. Balloon ball—SDR 2:30 p.m. Ice cream—SDR				<b>Locations:</b> AR—Activity Room D—Dining Room F—AL Foyer	HCSD—Health Care South Dining Room KH—Kidron Hall SH—Sunflower Hall