

# Assisted Living Activities

## May 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Locations:</b> AR—Activity Room CY—Courtyard D—Dining Room F—Foyer KH—Kidron Hall SH—Sunflower Hall		1 <b>10 a.m.</b> Hall exercise—SH <b>10:30 a.m.</b> Sit & Be Fit—F  <b>3 p.m.</b> All campus worship—KH	<b>2 10 a.m.</b> Inquiring Minds: Great American Eclipse—AR <b>2 p.m.</b> Getting to know you—D <b>3:30 p.m.</b> Walks outside	<b>3 10</b> Hall exercise—SH <b>10:30 a.m.</b> Sit & Be Fit—F <b>1:30 p.m.</b> Azteca Dance Troupe—KH <b>1:45 p.m.</b> Movie and popcorn	4
5 <b>Cinco de Mayo</b>	6 <b>10 a.m.</b> Hall exercise—SH <b>10:30 a.m.</b> Sit & Be Fit—F  <b>2 p.m.</b> Sundae Monday—D <b>2:15 p.m.</b> Bingo—D	7 <b>10 a.m.</b> Music with Karen—F  <b>1 p.m.</b> Corn hole—F <b>2 p.m.</b> Lemonade & planting in the raised garden beds	8 <b>10 a.m.</b> Hall exercise—SH <b>10:30 a.m.</b> Sit & Be Fit—F  <b>3 p.m.</b> All campus worship—KH	9 <b>10 a.m.</b> Inquiring Minds: Secrets of Whales, pt. 1—AR <b>2 p.m.</b> Living Fully with Dawn—AR <b>3:30 p.m.</b> Walks outside	<b>10 10</b> Hall exercise—SH <b>10:30 a.m.</b> Sit & Be Fit—F <b>12 to 2</b> Triobike rides <b>1:45 p.m.</b> Movie and popcorn <b>2:30 p.m.</b> Mother's Day tea party—KH	11
12 <b>Mother's Day</b>	13 <b>10 a.m.</b> Hall exercise—SH <b>10:30 a.m.</b> Sit & Be Fit—F  <b>2 p.m.</b> Sundae Monday—D <b>2:15 p.m.</b> Bingo—D	14 <b>10 a.m.</b> Music with Karen—F  <b>2 p.m.</b> Lemonade on the porch <b>3 p.m.</b> BCMC Gathering—AR	15 <b>10 a.m.</b> Hall exercise—SH <b>10:30 a.m.</b> Sit & Be Fit—F <b>1:30 p.m.</b> Squirt gun painting—CY <b>3 p.m.</b> All campus worship—KH	16 <b>10 a.m.</b> Inquiring Minds: Secrets of Whales, pt. 2—AR <b>2 p.m.</b> Resident Council—D <b>3:30 p.m.</b> Walks outside	17 <b>10</b> Hall exercise—SH <b>10:30 a.m.</b> Sit & Be Fit—F  <b>12 to 2</b> Triobike rides <b>1:45 p.m.</b> Movie and popcorn	18
19	20 <b>10 a.m.</b> Hall exercise—SH <b>10:30 a.m.</b> Sit & Be Fit—F  <b>2 p.m.</b> Sundae Monday—D <b>2:15 p.m.</b> Bingo—D	21 <b>10 a.m.</b> Music with Karen—F  <b>2 p.m.</b> Lemonade on the porch <b>2:30 p.m.</b> Men's Group—D	22 <b>10 a.m.</b> Hall exercise—SH <b>10:30 a.m.</b> Sit & Be Fit—F <b>1:30 p.m.</b> Bubble wands—CY <b>3 p.m.</b> All campus worship—KH	23 <b>10 a.m.</b> Inquiring Minds: Secrets of Whales, pt. 3—AR  <b>1 p.m.</b> Crafts—D <b>3:30 p.m.</b> Walks outside	24 <b>10</b> Hall exercise—SH <b>10:30 a.m.</b> Sit & Be Fit—F <b>11 a.m.</b> Memorial Weekend BBQ <b>12 to 2</b> Triobike rides <b>1:45 p.m.</b> Movie and popcorn	25
26	<b>27 Memorial Day</b>	28 <b>10 a.m.</b> Music with Karen—F  <b>2 p.m.</b> Lemonade on the porch <b>3:30 p.m.</b> Manicures—AR	29 <b>10 a.m.</b> Hall exercise—SH <b>10:30 a.m.</b> Sit & Be Fit—F  <b>1:30 p.m.</b> Pet parade <b>3 p.m.</b> All campus worship—KH	30 <b>10 a.m.</b> Inquiring Minds: Secrets of Whales, pt. 4—AR  <b>2 p.m.</b> Bible study with Dawn <b>3:30 p.m.</b> Walks outside	31 <b>10</b> Hall exercise—SH <b>10:30 a.m.</b> Sit & Be Fit—F  <b>12 to 2</b> Triobike rides <b>1:45 p.m.</b> Movie and popcorn	

# Health Care Activities

# May 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Locations:</b> CA—Classroom A CIR—Round Circle KH—Kidron Hall NDR—North Dining Room SDR—South Dining Room SR—Sun Room	<b>Locations:</b> WDR—South Dining Room	1 <b>9:15 a.m.</b> Sit & Be Fit—SR <b>12 p.m.</b> Triobike rides <b>3 p.m.</b> Midweek worship—KH <b>7 p.m.</b> Manicures—NDR	<b>2 10 a.m.</b> Music & Movement—SDR <b>1:30 p.m.</b> Women's Bible study—SDR <b>2 p.m.</b> Mother's Day craft—SDR <b>7 p.m.</b> Balloon Ball—WDR	<b>3 9:15 a.m.</b> Sit & Be Fit—SR <b>10 a.m.</b> Garden Meditation—SWC <b>1:30 p.m.</b> Azteca Dance Troupe—KH <b>7 p.m.</b> Bedtime Meditation Group—SDR	4 <b>2 p.m.</b> Recipe Club—WDR
5 <b>10:15 a.m.</b> BCMC worship live stream	<b>6 9:15 a.m.</b> Scrabble—CIR <b>10 a.m.</b> Music Together—CA <b>1:15 p.m.</b> Balloon Ball—SDR <b>2 p.m.</b> Ice cream something <b>2 p.m.</b> Retired teachers gathering—KH <b>7 p.m.</b> Arts & crafts—SDR	<b>7 9:15 a.m.</b> Free play Dominoes—CIR <b>10 a.m.</b> Gardening group—SWC <b>2 p.m.</b> Table Games—WDR <b>7 p.m.</b> Memory games—WDR	8 <b>9:15 a.m.</b> Sit & Be Fit—SR  <b>12 p.m.</b> Triobike rides <b>3 p.m.</b> Midweek worship—KH <b>3:45 p.m.</b> Have a Coke—KH <b>7 p.m.</b> Manicures—NDR	9 <b>10 a.m.</b> Music & Movement—SDR <b>2 p.m.</b> Mother's Day craft—SDR <b>7 p.m.</b> Manicures—NDR	10 <b>9:15 a.m.</b> Sit & Be Fit—SR  <b>2 p.m.</b> Mother's Day tea party—KH <b>7 p.m.</b> Drum circle—SDR	11 <b>2 p.m.</b> Recipe Club—WDR
12 <b>10:15 a.m.</b> BCMC worship live stream	<b>13 9:15 a.m.</b> Scrabble—CIR <b>10 a.m.</b> Music Together—CA <b>1:15 p.m.</b> Balloon Ball—SDR <b>2 p.m.</b> Ice cream something <b>2:30 p.m.</b> Reminiscing—KH <b>7 p.m.</b> Game Night—WDR	<b>14 9:15 a.m.</b> Free play Dominoes—CIR <b>10 a.m.</b> Gardening group—SWC <b>2 p.m.</b> UNO card group—WDR <b>7 p.m.</b> Bingo—SDR	15 <b>9:15 a.m.</b> Sit & Be Fit—SR  <b>12 p.m.</b> Triobike rides <b>3 p.m.</b> Midweek worship—KH <b>7 p.m.</b> Manicures—NDR	16 <b>10 a.m.</b> Music & Movement—SDR <b>2 p.m.</b> Watercolor resist painting—SDR <b>7 p.m.</b> Drum circle—SDR	17 <b>9:15 a.m.</b> Sit & Be Fit—SR  <b>2 p.m.</b> Popcorn & movie: <i>The Last Days</i> , WWII documentary—SDR <b>7 p.m.</b> Balloon Ball—SDR	18 <b>2 p.m.</b> Recipe Club—WDR
19 <b>10:15 a.m.</b> BCMC worship live stream	<b>20 9:15 a.m.</b> Scrabble—CIR <b>10 a.m.</b> Music Together—CA <b>1:15 p.m.</b> Balloon Ball—SDR <b>2 p.m.</b> Ice cream something <b>2:30 p.m.</b> Drum Circle—SDR <b>7 p.m.</b> Arts & crafts—SDR	<b>21 9:15 a.m.</b> Free play Dominoes—CIR <b>10 a.m.</b> Gardening group—SWC <b>2 p.m.</b> Table Games—WDR <b>7 p.m.</b> Memory games—WDR	22 <b>9:15 a.m.</b> Sit & Be Fit—SR <b>12 p.m.</b> Triobike rides <b>3 p.m.</b> Midweek worship—KH <b>6:30 p.m.</b> Creative Writing—NDR	23 <b>10 a.m.</b> Music & Movement—SDR <b>1:30 p.m.</b> Women's Bible Study—SDR <b>2 p.m.</b> Art group—SDR <b>7 p.m.</b> Manicures—NDR	24 <b>9:15 a.m.</b> Sit & Be Fit—SR <b>2 p.m.</b> Popcorn & movie: <i>It Could Happen to You</i> , comedy, romance—SDR <b>7 p.m.</b> Bedtime Meditation Group—SDR	25 <b>2 p.m.</b> Recipe Club—WDR
26 <b>10:15 a.m.</b> BCMC worship live stream	<b>27 9:15 a.m.</b> Scrabble—CIR <b>10 a.m.</b> Music Together—CA <b>1:15 p.m.</b> Balloon Ball—SDR <b>2 p.m.</b> Ice cream something <b>2:30 p.m.</b> Reminiscing—SDR <b>7 p.m.</b> Game Night—WDR	<b>28 9:15 a.m.</b> Free play Dominoes—CIR <b>10 a.m.</b> Gardening group—SWC  <b>7 p.m.</b> Bingo—SDR	29 <b>9:15 a.m.</b> Sit & Be Fit—SR  <b>12 p.m.</b> Triobike rides <b>3 p.m.</b> Midweek worship—KH <b>7 p.m.</b> Manicures—NDR	30 <b>10 a.m.</b> Music & Movement—SDR  <b>2 p.m.</b> Art group—SDR <b>7 p.m.</b> Conversation Club—SDR	31 <b>9:15 a.m.</b> Sit & Be Fit—SR  <b>2 p.m.</b> May birthday party—SDR <b>7 p.m.</b> Balloon Ball—SDR	